





What's on in the borough?

Places to go and things to do – there's so much going on...

SEE GET A LIFE INSIDE

ISSUE 1049 2 - 8 MARCH 2015

WWW.TOWERHAMLETS.GOV.UK



NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Keeping kids safe from extremism

BY IAN READ parents on how to keep their children

safe from the risks of extremism and includes recognising possible as locking their passport in a THE council is issuing guidance to radicalisation.

TUCK IN TO A FREE LUNCH FOR CHARITY



CABBIES Eddie and Ricky tuck into pie and mash at S&R Kelly & Sons in Bethnal Green Road where the owners are giving a free meal to everyone who visits on Saturday, March 14 and donates to the Stairway to Heaven Memorial charity. The special event will celebrate

The guidance brochure to consider precautions such signs of extremism, useful safe place. contact details and a section advising parents on supporting their child to stay safe.

It started being distributed last week after the police said they believed three missing schoolgirls from Bethnal Green Academy had crossed the Turkish border into Syria.

Fifteen-year-olds Shamima Begum and Amira Abasa, and Kadiza Sultana, 16, left their homes on Tuesday, February 17. They flew from Gatwick airport to Turkey and police said they believed they were now in Syria.

The brochure includes advice such as knowing where your child is, who they are with and how you are able to check this for yourself, and also talking to them about what they see on the television or the internet.

Produced in collaboration with the police, the brochure says being aware of your child's online activity is important, as well as updating your own IT knowledge.

It adds that if parents feel there is a risk of a child leaving the country they might want

They could also consider what access their child has to savings accounts or gifts of money from family and friends.

The brochure also contains useful numbers where families can get advice if they have any concerns – for example, the Active Change Foundation provides a confidential helpline aiming to prevent British community groups and the nationals from travelling to conflict zones – call 8539 2770.

The council's parental engagement team can also offer advice - email parenting@ towerhamlets.gov.uk or call 7364 1952. The council is distributing 64,000 copies of the brochure through mosques, schools and engagement events.

Mayor Lutfur Rahman said: "We want to do everything we can to support families to keep their children safe. The council is working closely with local police to issue this guidance."

■ Continued on page 2



the 100th anniversary of the café – read the full story on page 3.

<u>Guaranteed</u> rent

SELL YOUR PROPERTY FOR JUST 1%

Business as usual

"The safety and wellbeing of our 1,200 students and staff are of paramount importance."

BETHNAL GREEN ACADEMY PRINCIPAL

Useful advice and contact details

The council has issued a brochure, produced in collaboration with the police, with guidance to parents on how to keep their children safe from the risks of extremism and radicalisation.

WWW.TOWERHAMLETS.GOV.UK

News

East End Life is produced by Tower Hamlets Council, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. Tel: 7364 3179 Fax: 7364 4917 Email: eastendlife.news@towerhamlets.gov.uk

TOWER HAMLETS

Editor Laraine Clay Tel: 7364 3179 Deputy Editor Helen Watson Tel: 7364 3173 Reporter Jessica Odubavo Tel: 7364 4365 Photos Kois Miah Tel: 7364 3253

> **Sharan Ahmed** Tel: 7364 4061 Senior Advertising Sales **Christine O'Doherty** Tel: 7364 4994 Senior Advertising Sales Executive Fatima Khan <mark>Tel:</mark> 7364 4623 **Advertising Production** Controller & Sales Executive

Advertisement Manager

Tel: 7364 4682 **Distribution Manager & Finance** Ahdul Miah Tel: 7364 0474

East End Life is published by Tower Hamlets Council with a print run of 99,000 copies delivered to homes, organisations and businesses in the borough every week.



Terri Gornall

The official independently audited door-to-door delivery is 82,886 Audit Bureau of Circulation (ABC Regional) Dec -June 2014.

East End Life was the first weekly newspaper produced by a local authority in the UK with a net cost of .02p per copy per week to produce. Paid-for advertisements are carried to keep costs to a minimum.

Information included in the newspaper is not necessarily endorsed by Tower Hamlets Council.

East End Life is printed on recycled paper - when you have finished with the newspaper, please recycle it.













(From top) Shamima Begum, Kadiza Sultana, Amira Abase

Support for pupils at Bethnal Green

BY LARAINE CLAY

STUDENTS and staff at **Bethnal Green Academy** were offered a programme of support when they returned to lessons last week after the three pupils went missing during the half-term break.

Principal Mark Leary said police had spoken to staff at briefings last Monday morning and individual year group assemblies were held with all professional support agencies that were available

Parents and carers could also talk to senior staff members if they had any concerns.

"We are all shocked and deeply saddened by the news that three of our students have been reported missing from home. Our thoughts are with the families of the missing girls at this time," Mr Leary said.

Last December another acad- Twitter or Facebook on acadeemy student disappeared my computers. and is thought to have travelled to Syria but the police spoke to her friends at the time and did risk of being radicalised or absconding.

Mr Leary said access to social media networks at the acade-

"With such measures in place, police have advised there is no evidence that radicalisation of not regard them as being at the missing students took place at the academy," he said, adding: "Our priority is to provide a 'business as usual' approach for our 1.200 students and staff: my was strictly regulated and their safety and wellbeing are students were unable to access of paramount importance."

Police warn over Syria

POLICE Commander Richard Walton warned of the dangers for young women travelling to Syria.

"It is an extremely dangerous place and we have seen reports of what life is like for them and how restricted their lives become.

"The choice of returning home from Syria is often taken away from those under the control of Islamic State, leaving their families in the UK devastated and with very few options to secure their safe return."

Anyone with any information should call the police on the free phone number 0800 789321.

Keeping kids safe

Continued from page 1

Cllr Ohid Ahmed, cabinet member for community safety, said: "The community of Tower Hamlets is committed to challenging extremism in all its forms."

Cllr Gulam Robbani, cabinet member for education and children's services, said: "We want to ensure children are safe and hopefully this guidance is useful in empowering parents to talk to their children about these issues and to take practical steps to keep them safe."

Councillors at a meeting of the council last Wednesday expressed their sympathies to the missing girls' families.

eastendlife **Keeping kids safe** from extremism

Inside this week's issue

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soundtalking

East End Life is also available on

audio tape - if you know

7364 4309 or email

someone who would like to

receive it in this format call

mariette@soundtalking.co.uk

Printed by Trinity Mirror.

Letterbox Marketing, Unit 6,

Crescent Court Business Centre, E16 4TG. Tel: 8940 0666

If you know someone who does

7364 0474 or email abdul.miah@ towerhamlets.gov.uk

not receive East End Life call

Distributed by London



Pie, mash and a Stairway to Heaven

S&R Kelly & Sons pie and mash shop in Bethnal Green will give a free meal to everyone who visits on Saturday, March 14, if they donate to the Stairway to Heaven Memorial charity.



Tube disaster

173 people were killed in the Bethnal Green Tube disaster during WWII.

News

Mayor gives evidence to election court

MAYOR Lutfur Rahman has told told Mr Mawrey that he was not a "liar a special High Court hearing that he knows he has a "lot to lose".

Wednesday, February 25, after answering questions over four days at an Election Court hearing at the Royal Courts of Justice.

Four voters have taken legal action against Mr Rahman and want Election Commissioner Richard Mawrey, who is sitting as a judge, to declare the result of last May's mayoral election void and order a re-run.

Mr Rahman, who denies wrongdoing,

and a fraudster"

"I wanted people to support me on my He completed giving evidence last track record, on my decency, on my character." he said.

> "I work very hard and I have a lot to lose and I know very well I have a lot to lose professionally and personally."

> Mr Rahman denied claims by the petitioners' barrister, Francis Hoar, that he had lied over a number of years and while giving evidence.

"I am not lying," Mr Rahman told Mr Mawrey. "Not in any circumstances. I have no reason to lie."

using East End Life as part of his "propaganda machine".

Mr Hoar said there were statistics which showed that more than 97 per cent of quotes in the paper had been from Mr Rahman or members of his cabinet.

But Mr Rahman questioned the statistics and said leaders were the face of

"East End Life has been around for the last 20 years and it is not a propaganda machine for me," he said.

When questioned about his membership of the Labour Party he said he had By Press Association

Mr Hoar also accused Mr Rahman of been part of a "new generation of ethnic minority candidates" and said he had "always felt a degree of ambivalence" from colleagues in the party hierarchy.

> Mr Rahman, who now leads a party called Tower Hamlets First (THF), said he had joined Labour in the 1980s, became a councillor in 2002 and leader of the Labour group in 2008.

> He said from 2008 a campaign had been conducted against him by Labour members - claiming "primarily" that he was part of the Islamic Forum of Europe, a claim he denied

News in brief Bin your books!

RESIDENTS are being invited to donate any unwanted books to the READ International charity.

The council's recycling and waste management services provider Veolia has put up five book bins across the borough where donations can be left.

Donating books to the charity not only ensures that no book gets sent to landfill or incineration but they are also used to teach children in Tanzania, one of the world's poorest countries.

The book bins can be found at Spitalfields City Farm. Weaver Street, E1; Antill Road, junction with Grove Road, E1; Chrisp Street Market, junction with East India Dock Road, E14; Vaughan Way, Wapping; and Vallance Road, junction with Old Montague Street, E1.

Memorial fund reaches its goal

'Significant' donations to disaster appeal

BY JESSICA ODUBAYO to ensure there is sufficient website www.stairwayto

EIGHT years after an appeal was launched for funds to build a statue in memory of 173 people killed at Bethnal Green Tube station during WWII, campaigners have raised enough money for the final part of the memorial.

The news was expected to be announced by the Stairway to Heaven Memorial charity at a service on Sunday, March 1 marking the 72nd anniversary of the year. of the disaster.

the council and £10,000 from Canary Wharf Group and money pledged over the next three months have given a significant boost to the appeal fund.

Now, the charity will continue fundraising until the summer names listed on the charity's

money to pay the final bill to erect the stairway on the statue that is already partially built in Bethnal Green Gardens

Teak to finish the construction is expected to arrive in the country in about four months and it may take a further four months to add the finishing touches. This includes carving the names of the victims around the sides of the memorial monument, which is expected to be completed before the end

Businesses and individuals A donation of £25,000 from are still being invited to sponsor one of the 173 conicals of light for £200 each. The angled light beams will be sited in the roof to represent each of the victims.

Sponsors will have their

Managers to leave

heavenmemorial.org and on a

list that will be stored at the

Bishopsgate Institute and Tow-

er Hamlets Archives once the

For more information or to do-

nate, call the charity's office on

01474 702513 or contact the

treasurer Derek Spicer on 07722

memorial is completed.

TWO senior managers at Barts Health NHS Trust have announced they are leaving the organisation.

Professor Kay Riley will leave the trust this month and trust chief executive Peter Morris has also announced his intention to step down.

Sir Stephen O'Brien, chairman of the trust, thanked Prof Riley and Mr Morris for their contributions



A FAMILY run pie and mash shop in Bethnal Green will give a free meal to everyone who visits on Saturday, March 14, if they donate to the Stairway to Heaven Memorial charity. The special event featuring pearly kings and queens and old time music, is also being held to celebrate the 100th anniversary of S&R Kelly & Sons at 284 Bethnal Green Road. Robert Kelly, 65, who runs the shop with his son Neil, 39, said: "My grandmother opened the first shop in Paradise Row in 1915 and the Bethnal Green branch has been in the family since then. "As the first shop was close to the station, many of its customers may have been affected by the disaster. I met disaster survivor Alf Morris, through my grandson, and wanted to do something to help the memorial appeal. "Anything that comes into the till on that day will go to the Stairway to Heaven Memorial Trust," Robert said. Diners are invited to visit the café between 9.30am and 5pm on the day.

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Eat and tweet in Brick Lane

DON'T forget to celebrate the many flavours of Brick Lane in March. Eat and tweet your way through the many delicious dishes available, and get exclusive discounts and offers from restaurants taking part in Taste Brick Lane month.

Just eat some of the yummy dishes on offer, tell others on social media or in a message using #tastebricklane - the best images and Tweets will also be in with a chance of winning an iPad. Find out more at www.towerhamlets.gov.uk/bricklane

Style-savvy weddings

Win tickets to Most Curious, a wedding fair with a difference at the Truman Brewery in Brick Lane.



Help plan Tower Hamlets' future

Tower Hamlets Partnership is planning its priorities for the next four years and has drafted a new Community Plan to take the borough through to 2019. The council wants to hear your views.

News

Win tickets to a wedding fair with a difference

IF you're planning to tie the knot and want antique chic, a divine design or quintessential quirkiness on your special day, head down to the Most Curious wedding show.

The wedding fair for stylethe T₁ Building of the Truman Brewery in Brick Lane on the weekend of March 7 and 8.

The council's arts, parks and events team is joining the wedding industry's crème de la crème with a stand to promote Mile End Park

The two stunning pavilions are architecturally unique **uk** by midnight on Thursday,



savvy couples will take over A couple enjoy their big day in Mile End Park

buildings with spacious and light-filled interiors and idyllic landscaped surroundings for name and phone number. bespoke wedding ceremonies and receptions.

March 5 with 'Most Curious' in the subject line and provide your

Winners will be notified on Friday, March 6. Further details East End Life has two pairs of can be found at www.amost the Art and Ecology Pavilions in tickets to give away on both days curiousweddingfair.co.uk and of the fair – email **pavilion** details of the pavilions can be bookings@towerhamlets.gov. found at www.towerhamlets. gov.uk/arts

Give your views on borough plan

RESIDENTS' views on Tower Hamlets' new Commu**nity Plan are being sought** that the borough will face over by the council.

The 2015 plan sets out the way in which the borough's public, private and voluntary sector

It is developed with the counour residents. cil's key partners and informed by residents.

borough's successes - wellfacilities and parks, unprece-

BY SUSAN MULLIGAN dented educational successes, and the delivery of 4,000 new homes per year.

It also sets out the challenges the next three years.

Cllr Aminur Khan, cabinet member for strategy, policy and performance, said: "Tower organisations agree to deliver Hamlets is well known for delivering great services for

"From promoting healthier lives to increasing employment It also aims to build on the opportunities, our joint strategy will ensure that we loved and used community are in the best place possible going forward."

The Community Plan suggests that the borough's focuses should be:

- empowering residents and building resilience
- promoting healthier lives
- increasing employment
- responding to population

Go to www.towerhamlets. gov.uk/communityplan to give your views by March 18.

If you are unable to download the document or require a hard copy, contact Mark Cairns on 7364 2260, or email mark.cairns@towerhamlets.







A range of ways to shape up and relax Football fun

York Hall Leisure Centre has a gym, group exercise facilities and swimming pools as well as the award-wining Spa London. It is located close to Bethnal Green Tube station.

For more information on the Mayor's Cup or to register a team, call 7364 2681 or email...

DEREK.BENNETT@TOWERHAMLETS.GOV.UK

News



Mayor Lutfur Rahman





Second meeting to agree budget

COUNCILLORS will meet this week to set the final budget for the 2015/16 financial year after a meeting last Wednesday failed to lead to agreement.

proposed a budget which he said was "the most democratic, safe and fair budget possible".

"It's a budget that under difficult circumstances does its best to reflect this administration's values - putting people first, protecting services and keeping to our principles," he said.

The budget proposals include retaining free school meals, education awards and free homecare. Funding for six new police officers is proposed and a commitment to provide a new multi-faith burial ground.

The Labour group proposed amendments which

BY LARAINE CLAY included focussing on tackling placing funding for THEOs with child poverty, cleaning up the streets and keeping them safe, and cutting spending on communication and legal services.

Labour proposals include spending £250,000 on childcare places for two-year-olds, re-Mayor Lutfur Rahman itoring and the leaving care service, and investing in a 24hour noise reporting service.

Cllr Rachael Saunders, leader of the Labour group, said: "Tower Hamlets Council has the highest rate of child agreed by 20 votes to 17. Howpoverty in the UK and that is ever the mayor's budget with something the council must the Labour amendments was be absolutely focussed on not supported. changing."

the Labour group both agreed to freeze council tax but the Conservative group's amended budget proposed a one per cent

The Conservatives also proposed removing funding for mother tongue classes, re-

police constables and ending all commercial events in parks.

Both Labour and Conservative groups proposed deleting funding for the mayoral car and advisers.

Conservative group leader versing cuts to streetcare mon- Cllr Peter Golds said: "People want the real services that real local government should be delivering."

> The Conservative amendments were rejected but the Labour group's proposals were

The mayor must now decide The budgets of the mayor and whether to accept any of the Labour amendments before bringing his revised budget proposals back to a meeting this Thursday, March 5.

> For more information about the budget proposals visit www.towerhamlets.gov.uk/

Fitness event at York Hall

WOMEN and girls can local beauty artists and a comtry different activities at York Hall on Tuesday, March 10 as part of Intercelebrations.

Taster sessions in Bollywood dance, netball fitness, aqua jogging, Brazilian dance, swimming and lots more will be on offer from 4-9pm.

They can also enjoy a pampering session which will include threading and henna from March 9 from 5.30-9pm.

plementary file and polish from the centre's Spa London team.

The event is free to attend and national Women's Week there will be information stands, with advice on how to become healthier and fitter.

For further information, email forthegirls@gll.org or call 07580 784838.

There will also be a female only event at Whitechapel Leisure Centre on Monday,

£8.8m of lottery windfalls

ARTS, sports and heritage projects and community groups are among those who hit the jackpot last year, pocketing more than £8.8 million of funding from the National Lottery.

Across the borough, 177 grants were awarded including £1.8 million for St Peter's Bethnal

Green Church and Crypt redevelopment and £10,000 for Ocean Youth Connexions.

The projects are now eligible to be entered in the National Lottery Awards 2015.

To nominate your favourite project visit www.lotterygood causes.org.uk

News in brief Mvula unplugged

BRIT nominee and Mobo award winner Laura Mvula will perform this Thursday, March 5 at Genesis Cinema, Mile End Road as part of a special screening of her sell-out show from Metropole Orkest in Amsterdam.

The event will include a live acoustic set and O&A from the singer, which will be beamed via satellite from Genesis to venues across the world. Visit www.genesiscinema.co.uk

Health discussion

A MEETING on proposals to merge two mental health wards and develop a specialist unit at Mile End Hospital is taking place this Thursday, March 5 at Idea Store, 321 Whitechapel Road, from 12-2pm

Visit www.eastlondon. nhs.uk for further information.

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Are you up for the cup?

for the 2015 Mayor's Cup.

Now in its fifth year, the 11-a-side tournament will take place on the weekends of April 11 & 12 $\,$ and 18 & 19.

There will be three categories – adult, youth (under 14, 16 and 18) and junior (under 8, 9, 10, 11

Male and female youth and adults' heat derek.bennett@towerhamlets.gov.uk

FOOTBALLERS are invited to battle it out rounds will be held on the first weekend at Victoria Park. Junior heat stages will be held the following Saturday, April 18 at the AstroTurf pitches at Mile End Stadium.

The finals for all age groups will take place on Sunday, April 19 at Mile End Stadium.

For more information or to sign up for the tournament, call 7364 2681 or email

2 - 8 MARCH 2015

Martyrs remembered

Crowds gathered in Altab Ali Park to commemorate the language movement martyrs.



Promoting a love of languages

The council's community languages team provides support for teaching languages, cultural learning and citizenship education out of school for Tower Hamlets children aged five to 16.

FOR MORE INFORMATION CALL 7364 6373

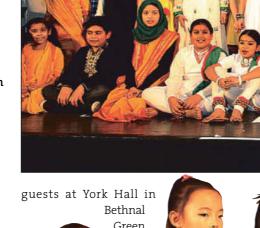
Feature

Kids shine at cultural celebration

PHOTOS BY REHAN JAMIL Robbani with

POETRY, dancing and drama were performers at the just some of the delights performed by young people at a cultural gala celebrating mother tongue performers from languages in east London.

BY SHALINA HUSSAIN (Right) Cllr Gulam winners and cultural evening. (Below) Young the Chinese Independent



schools, faith groups were commended and cheered as they dazzled the audience

with their stellar performances.

Chinese, Lithuanian and Bengali were just some of the cultures featured in performances on the night. Guests included head teachers and dignitaries from the Spanish Embassy, Lithuanian Embassy and Bangladesh High Commission. The event also coincides with International Mother Language membrance of the language

Young people from movement martyrs who sacrificed their lives 63 years ago campaigning for Bengali and community clubs to be recognised as one of the state languages of Bangladesh.



Day, UNESCO's global re- Bow Muslim Centre pupils perform Arabic songs about days of the week



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From Arabic to Vietnamese

Language classes are available for children and young people to learn Arabic, Bengali, Cantonese, French, Lithuanian, Mandarin, Portuguese, Somali, Spanish, Urdu and Vietnamese.

Annual celebration

International Language Day, on February 21, promotes linguistic and cultural diversity and multilingualism.

Feature

Francisco García-Quiñonero, education adviser at the Spanish Embassy, said: "I am honoured to be invited here and feel privileged to be part of this wonderful event. Tower Hamlets has done a great job in celebrating the languages and culture of the children?

Counsellor Gitana Kilinskait from the Lithuanian Embassy added: "The International Language Day celebration by Tower Hamlets is improving every year. It was a great show last year and this year was even better."

Cllr Gulam Robbani, cabinet member for education and children's services, congratulated students on their performances and handed out certificates on the night.

Cllr Robbani said: "The community languages service has been playing an excellent role in promoting language and culture for young people in Tower Hamlets.

"We will continue to support community languages as we want our children to do well in higher education and not only do well



The Lithuanian School perform a traditional cowboy dance

in languages but also achieve top grades in maths, English and science in GCSE and A Levels which would enable them to secure places in the Russell Group universities."

The winners

Best organisations

Chinese Independent School of Tower Hamlets has achieved Excellent grading during all monitoring visits in the last year and in 2013.

East End Community School has been providing community language classes for 25 years. In the last year it has consistently achieved Excellent grading both for Arabic and for Bengali classes.

Best tutors

Jing Ling Cheng has been with the council's community languages service since 2004, and has a reputation for being extremely conscientious, teaching both Cantonese and Mandarin. She has achieved Excellent grading in all her teaching observations.

Delwar Hussain, lead tutor for Bengali GCSE classes at Idea Store Whitechapel and a community languages tutor for the Ourtuba Institute, has achieved Excellent grading in all of his monitoring visits in the last vear.

The biggest cheers of the evening went to the Lithuanian School whose dance Pigeon Polka went down a storm.

The Chinese Independent School's dance performance called Let's Ride The Boat, signifying the advent of spring, was also a crowd pleaser.

inspired dance performances and Arabic nasheeds were performed by students at **Bow Muslim Cultural Centre**









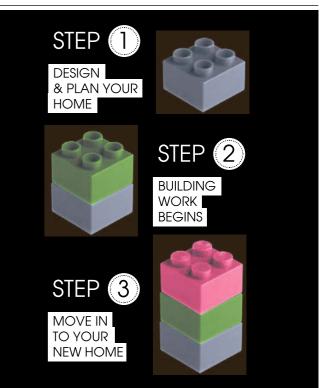


(Clockwise from top left) Sameerah, 7, and friends with teacher Hasna Rahman from Osmani Mother Tongue School; youngsters from Teviot Bangladeshi Cultural Community Group; Khelaghor Urdu School students perform a Pakistani Punjabi dance; E C Lighthouse Lithuanian School in the popular Pigeon Polka dance; the Udichi Performing Arts Group in action

Students from Osmani Mother Tongue Khelaghor Urdu School gave Bollywood School performed a story about picking ripe mangoes dropping off the trees in a storm, and Udichi School performed a Bengali patriotic song.

Teviot BPA School performed a nasheed and the finishing touch to the evening's entertainment was the Lithuanian School performing a traditional cowboy dance.





Parking to pest control, **TOWER HAMLETS** housing to hate crime

TURN TO PAGES 18 & 19



Recognition for a job well done

This year 392 individuals and 125 teams were nominated for the Barts NHS Trust staff awards, by patients and their families who wanted to say a heartfelt thank-you.

SEE BELOW

Useful information

Care staff receive their just awards

News from Barts Health NHS Trust

THE many achievements of staff at Barts Health NHS Trust were celebrated last week, as staff picked up special awards in recognition of their have made a difference to work helping to change the lives of people across east London.

Nominated by patients and families as well as colleagues, teams came together for the trust's annual awards night, held to acknowledge those who embody its key values.

This year saw 517 nominations submitted – more than ever before – with 392 individuals The recycling machine and 125 teams put forward by those wanting to say a heartfelt thank-you.

A special panel had the recycling difficult task of selecting ten winners from the many ANEW machine installed in the tales of teams and individuals who every day put patients' wellbeing at the heart of all that rewards for recycling.

One of the inspiring patient stories was that of four-year-old Drew Wisdom-Murray, whose mum Jennie's nomination saw used in the 5th floor restaurant, clinical nurse specialist or the coffee shop in reception. Maxine Fraser selected as winner of the actively listening category for "always making time to respond to any concerns, no matter how trivial".

The family, from Weybridge, Surrey, travel to the Royal London Hospital in Whitechapel every three weeks for Drew - who has bilateral retinoblastoma (cancer of both landfill. eyes) – to have an assessment under general anaesthetic to check for any new tumours.

Diagnosed at 18 months old, Drew lost his right eye to the disease and bravely underwent rounds of cryotherapy and radiotherapy treatment.

Speaking in response to her award, Maxine said: "I am delighted and quite overwhelmed.

"I always aim to try to help our

have the best experience possible of being in hospital.

"Drew is such a lovely little boy and Jennie is wonderful.

'They have both been through so much together, with rounds of tests and treatment.

"It's fantastic to know that you



Reward for

main entrance of the Roval London Hospital is giving

The machine issues a 10p drinks voucher for every deposited drinks bottle or can.

This voucher can then be

The machine automatically separates, crushes and stores empty cans and bottles, giving residents a reward or a chance to donate to chosen charities.

It cuts the need for bin emptying and reduces waste, leading to both cost and carbon savings

The trust sends zero waste to

Working with Skanska, waste costs have been reduced by more than £2 million over the last three years.

This has been achieved through a behavioural change and audit team who offer clinical waste segregation training to all staff.

Our hard work has been externally recognised, with the trust being the first in the UK to be awarded the Carbon children and their parents to Trust reducing waste standard.

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm. Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun

Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm. Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays. Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm. Tesco, Hancock Road: Mon 8am-10.3opm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm. Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

East London Parkinson's Support Group

For people with Parkinson's disease and their carers Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St, E14. 0844 225 3704/0808 800 0303

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 including helping parents and carers find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. 30 Greatorex Street, E1. fis@towerhamlets.gov.uk 7364 6495

Alzheimer's Society Tower

Advice and help for carers and people with dementia. Mon-Fri, 9am-5pm. Robinson Centre, Mile End Hospital, Bancroft Road, E1. 8121 5626

Tower Hamlets Advocacy

Independent advocates for adults with learning disabilities. Mon-Fri, 9.30am-4.30pm. Gladstone Place, 1 Ewart Place, E3. 7364 2550/2199

Parents Advice Centre (PAC)

Offers advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues & Fri, 9:30am-3.30pm.

LinkAge Plus

An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, dropin session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914

www.toynbeehall.org.uk

Benefits, housing, immigration.

Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm. Island House. Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14.

7987 9379

Skillsmatch

Free advice on all aspects of employment including training, apprenticeships and job vacancies.

Canary Wharf Recruitment & Training Centre, 55 Upper Bank Street, E14.

7364 3727 or email skillsmatch @towerhamlets.gov.uk

Tower Hamlets National Childbirth Trust

Offers support, information and friendship to parents and parents-to-be. Regular events. 07976 710964 or towerhamletsnct@yahoo.com www.nct.org.uk

Breastfeeding Support Centres

Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14. 3594 2591 or 07961 609 626

Free home fire safety advice

From the London Fire Brigade 08000 28 44 28

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

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	Address	 		
	Name	 		

Careers advice

Tower Hamlets Careers Service

Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available. Careers Centre, 35 Bow Road, E3. 7364 1401

TH Lifelong Learning

Mon-Thurs, 10am-4pm. Shadwell Centre, 455 The Highway, E1.

Careers advice

Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm Bishopsgate Institute, 230 Bishopsgate, EC2. 07432 463343



Patience and kindness rewarded

"The best thing about fostering is seeing the children grow in confidence. With patience, reassurance and kindness, you see them transform. It makes me proud to have made a difference."

AFIA CHOUDHURY, WHO HAS CARED FOR 25 FOSTER CHILDREN IN NINE YEARS

Don't put it off

Make sure you use the new voter registration system in time for the General Election on May 7.

WWW.GOV.UK/REGISTER-TO-VOTE

Give a child lots of love and laughter

Council looking to recruit 25 new foster care families

BY IAN READ

THE council is hoping to find more foster carers through a high profile campaign launching this week.

The council has a strong track record of recruiting foster carers and is continually looking for more.

It currently has 115 households on its books and is hoping to attract another 25 this year.

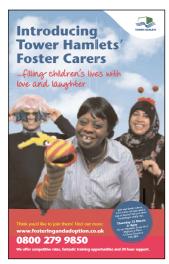
In particular, it needs carers who are able to offer homes to children aged three and over, as well as siblings, children with disabilities and teenagers.

Mayor Lutfur Rahman said: "Foster carers are often the unsung heroes of our community.

"Without them, children who have not had the best start in life might miss out on the warmth and support of a loving, family environment.

"Our foster carers tell us how richly rewarding fostering can transformed by opening their home up to a vulnerable child."

The adverts, focussing on the fun side of raising foster



One of the adverts

children, have been put up in eight east London boroughs.

They feature images of fancy dress with the tagline Filling Children's Lives With Love and Laughter.

Some of those featured in the adverts have encouraged others to follow their example.

Gertrude and Keith Tumbe, and how their lives have been mings have been fostering for 18 years. During this time they have cared for 25 children, nine of whom have disabilities.

Mrs Tummings said: "I have

been told that I don't give up on my foster children and to hear that makes me feel so happy and proud. I just want to see these children happy and reaching their potential."

Afia Choudhury, who has cared for 25 foster children in nine years, said: "The best thing about fostering is seeing the children grow in confidence.

"Some of my children have been so anxious and tearful when they first came to live with us, but with lots of patience, reassurance and kindness, you see them transform. It really makes me feel proud to know that I have made a difference."

To find out more about foster-Tower Hamlets foster carers in ing in Tower Hamlets, contact the council's advisers on o800 279 9850 or visit www.fostering andadoption.co.uk

Anyone interested in fostering can pop in to the Town Hall for a cup of tea and a slice of cake on Thursday, March 12 from 6-8pm to talk to foster carers and find out what fostering is real-

The Town Hall is at Mulberry Place, 5 Clove Crescent, Poplar.



HUNDREDS of people gathered at Altab Ali Park to remember those who died fighting to protect the Bengali language 63 years ago.

The council with Kendrio Shaheed Minar Committee organised a midnight memorial service on Saturday, February 21 at the Whitechapel park to commemorate the language movement martyrs – four students who were killed during protests in 1952 in the campaign for Bengali to be recognised as one of the state languages of Bangladesh. Crowds gathered to pay their respects at the ceremony where they laid flowers at the Kendrio Shaheed Minar monument, a replica of the original in Dhaka, Bangladesh. Cllr Shafiqul Haque, cabinet member for culture, said: "For the past 16 years we have hosted this special event in Altab Ali Park. Martyrs' Day has allowed our residents to come together and remember those who lost their lives defending their right to speak Bengali."

Take Tower challenge for air ambulance

LONDON'S Air Ambulance and Historic Royal Palaces around the City of London and a picnic lunch. Participating have teamed up to create discover how it and the Tower groups will be asked to pledge a fundraising family challenge this Sunday, March 8 from 10am-1pm.

Participants will follow clues finish in the Tower moat with of London are connected.

The course is suitable for five- to 11-year-olds and will challenge to register.

to raise £175.

Visit www.hrp.org.uk/

Ensure you can vote using new registration scheme

THE council is reminding completed in as little as three residents to ensure they are registered to vote under the government's new individual electoral registration scheme, in time for the General **Election in May.**

system means that every person who is eligible to vote must register him or herself.

This is different to the old system, where the head of the household registered those eligible to vote in the

Registration online can be be announced in April.

All you need is your name, address, date of birth and National Insurance number, so that identity can be verified.

Go to www.gov.uk/register**to-vote** to register your vote or The new voter registration contact the council's electoral registration office on 7364 0872 for further assistance.

> The borough's two parliamentary constituencies. Bethnal Green & Bow and Poplar & Limehouse, will be contested on Thursday, May 7.

> The final list of candidates will

Free tips on accountancy

A COMPANY in Whitechapel is inviting small businesses to attend a free drop-in accountancy clinic held every Satur-

Small firms will have the opportunity to discuss accountancy queries including setting up an accounting system, business planning advice, bookkeeping, payroll and dealing with VAT returns.

The clinic runs from 9am-4pm at Outbased, 69-89 Mile End Road, E1.

For further information, call 3740 9333.



FUNDING OPPORTUNITIES FOR SUMMER ACTIVITIES 2015

The Trustees of Action for Bow invite applications for grants to support summer projects in Bow East and Bow West wards.

Priority consideration will be given to diversionary out-of-school activities for young people, but projects will be welcomed that also offer some training and employment opportunities, or healthy living initiatives.

Grants for these summer activities, usually not exceeding £2,000, to be available from July 2015, may be discussed with Ahmed Hussain below.

Closing Date for Applications: 5.00pm on Friday 3rd April 2015.

Applications and Enquiries

Please write to Ahmed Hussain at Bromley by Bow Centre Capital Skills Team, St Leonards Street, London E3 3BT

Call him direct on 020 8729 9742 or 020 8709 9729 or email him at ahmed.hussain@bbbc.org.uk



Heart of community

The mission for Play Association Tower Hamlets is to place play firmly at the heart of community life.

WWW.PLAYTOWERHAMLETS.ORG.UK



Coming out close to home

PATH's Keep Playing project, funded by the National Lottery Awards for All scheme, encouraged children to play outside, close to their homes, with the support of their communities.

SEE RELOW

News



Betsie, 3, makes stress balls with flour and balloons



Holly, 12, makes a photo badge



Bushra, 6, shows her artistic side

Children went out for the day as part of a celebration to highlight the importance of play.

Jessica Odubayo reports, photos by Carmen

Tun and games show importance of play.

Fun and games show importance of play.

Fun and games show importance of play.



HOSTED by Play Association Tower Hamlets (PATH), a Celebration of Play event featured a range of activities held at Oxford House community centre and Weavers Adventure Playground, which are both in Bethnal Green.

Children and families, adult play champions and play professionals were among those who joined in.

Oxford House held an exhibition of work including photos of play spaces which have been transformed. Children visiting the community centre played dressing up games, posed for photos in a booth and also made origami.

At Weavers Playground, visitors made refreshing fruit juices using a pedal powered smoothie maker. Youngsters also used flour and balloons to create stress balls.





The play day on February 18 also marked the end of funding for PATH's Keep Playing project, which encouraged children to play out on their estates, close to their homes with the support of their communities.

The four-year programme, funded by the National Lottery Awards for All scheme, brought families, housing providers and those interested in creating playful spaces together to work with PATH.

Eleanor Image, PATH play outreach worker, said the project held a range of successful events including an annual camping trip, boating activities in Victoria Park, walking tours to the Olympic Park and a hop-scotch around Mile End.

"Despite the end of the Keep Playing project, PATH is keen to work with anyone in Tower Hamlets to improve local play opportunities for children," Eleanor told East End Life.



Crackdown on crime and ASB

The community safety ward surgeries are being held in the council's new mobile police office. There are still eight ward walkabouts and surgeries to be held between now and June.

Pick up a good book...

This is the 18th annual World Book Day, a worldwide celebration of authors. illustrators, books and reading.

WWW.WORLDBOOKDAY.COM

News





JUST over ten years after he opened a community nursery on the Isle of Dogs, the Duke of Kent has returned to join in the nursery's anniversary celebrations. **Barkantine Community**

Nursery was opened in 2004, to cater for people who wanted an affordable place for their children while they were at work. It opened with support from Barkantine Social Housing Partnership and funding and support from the council's early vears service.



and childcare resource.

"The duke asked to come

the nursery has become,"

she said

back to see how successful

(Left) The Duke, Cllr Rahman

and chair and trustee of the

nursery Fred Quatromini.

(Above) The Duke meets

parents, staff and children

During his visit last Wednesday, February 25, the duke greeted staff and toured the nursery, stopping to chat to the children. The duke and other guests, including Deputy Mayor Cllr Oliur Rahman, visited a rose garden nearby which the Queen Mother opened in 2001 for the people of east London.

Husnara Khanom, lead deputy manager, told East End Life that the nursery had made excellent progress over the last decade and was now a flagship educational

News in brief

HIV pill welcomed

A CHARITY in Stepney Green has welcomed news that a daily pill can dramatically reduce a person's risk of contracting HIV.

Results of a major UK trial of a pre-exposure prophylaxis (PrEP) has found that it cuts the risk of HIV infection among gay men by 86 per cent.

"HIV is preventable and PrEP is a very welcome addition to the prevention toolbox," said Mark Santos, director of Positive East.

"It won't be the right choice for everyone but we welcome all ways to prevent infection."

The pill used in the trial, Truvada, is already widely prescribed to people infected with HIV but its ability to prevent the virus as well as treat it was previously unknown.

Mr Santos added: "We believe it should be available for free on the NHS. We know it is expensive but it is much

cheaper than the costs of a lifetime of HIV treatment."

Book day family fun

SOCIAL housing landlord Tower Hamlets Community Housing (THCH) is joining in celebrations to mark World Book Day on Thursday, March 5.

Working with Oaklands School in Bethnal Green, THCH will be organising events to celebrate the written word and encourage reading for all.

Events taking place throughout the day at Minerva Community Centre in Minerva Street, Bethnal Green include a parent and toddler reading – with arts and crafts - based on children's best seller We're Going on a Bear Hunt.

There is also an interactive, paper-based theatre production by Kazzum and a book swap and sale in aid of the National Literacy Trust.

Working together in ASB hotspots

BY STEFAN SWIFT

DETAILS of action taken against crime and antisocial behaviour (ASB) in many of the borough's wards have been published by the council.

Following the latest round of community safety surgeries and walkabouts, there has been a concerted effort to crackdown on crime and ASB.

The council's community safety team has developed leaflets detailing the action taken in each ward after consultation with residents and the stakeholders.

have been able to confront troublemakers identified in and ASB concerns. hotspots across the borough.

Since then, there has been a reduction in ASB-related incidents across 12 of the 20 ward walkabouts and surgeries to be held between now and

safety events were ward councillors, housing providers, drug outreach council workers, THEOs, London Fire Brigade officers and staff from the council's vouth services.

The surgeries and walka-It means Tower Hamlets bouts were instigated to delivenforcement officers (THEOs), er a highly visible, 'on the

police and other organisations ground' project to deal with local issues in response to crime

The resulting You Said, We Did leaflets – available to view on the council's website - aim to build confidence in the police wards - there are still eight and council's abilities to deal with these concerns.

Cllr Ohid Ahmed, cabinet member for community safety, Attending the community said: "These leaflets demonstrate the time and effort the council has put in to alleviating crime and ASB across the borough.

> "In joining up different areas of the council with the police and other partners, we have proved we can make this borough safer together."

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limehousechildcare@gmail.com www.limehousedaynursery.co.uk



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Advice & experience

"Eventually I'd quite like to be a careers adviser. I'd like to share my experience with other people."



Help, support and guidance

Help, support and guidance

A string of initiatives have contributed to the borough's strong NEET performance, including financial contributions to help young people with the cost of staying in education.

News

BY IAN READ

MORE young people in Tower Hamlets are currently in education, training or work than at any time since records began.

Just 3.4 per cent of young people are classed as NEET - not in education, employment or training – according to the latest figures, which refer to the three-month Nasreen Begum is average during November, December and doing a childcare January. This is the lowest rate since apprenticeship records began in 1994.

By comparison, Tower Hamlets' figure for the same three-month period recorded in February 2005 was 12.6 per cent – showing an improvement of nine percentage points

The latest figures mean just 242 young people out of 7,776 in Tower Hamlets are classed as NEET. In 2005 there were 741.

Mayor Lutfur Rahman said: "We want every young person to fulfil their potential and these wonderful figures show that the actions we have taken are paying off.

"This is further evidence that Tower Hamlets is a vibrant borough with ambitious and hard-working young people we can all be proud of."

Cllr Gulam Robbani, cabinet member for education and children's services, said: "The modern labour market wants candidates who are highly motivated and welleducated, with industry qualifications and confidence.

"I am proud to say that Tower Hamlets is full of young people who are up there with the very best candidates; they are competing for the best jobs, for the best apprenticeships and for the best university places."

A STRING of initiatives have con- I knew tributed to the borough's strong **NEET** performance.

They include:

- early identification of, and tailored support for, young people at year 9, who may achieve be at risk of dropping out of school, training or work:
- improved focus from schools on match- needed ing a student's skills to a future profession and supporting them through their progres-
- legal agreements with developers to offer apprenticeships to young people durthere. The ing construction projects in the borough;
- offering guidance to young people on presenting themselves and interview service techniques;
- the introduction of apprenticeship fairs really and higher education fairs;
- financial contributions to help young people with the cost of staying in education; me." working closely with colleges and sixth
- forms to ensure a wide range of courses are available locally;

"It wasn't nice being NEET. Now it's going really well."





what I could but I the help to get careers helped

Nasreen

NASREEN Begum, 19, from Stepney, was not in education, training or work for seven months after dropping out of the sixth form. After being helped by the council's careers service, she is now an apprentice, pursuing her ambition of working with young people.

Her role is jointly provided by young people's training provider 15billion and Newham Education Business Partnership, and includes a youth care qualification.

Nasreen, who has been an apprentice for eight months, said: "I went to sixth form for the first year and dropped out because I wasn't doing the courses I wanted to do. I thought I would go again the next year and went for about a month and then I dropped out again.

"I thought I didn't want to waste my time. There was no point me doing courses if I wasn't going to get anything out of it. I wanted to do youth work.

- working with parents to ensure they know the importance of their children gaining qualifications to equip them in the modern labour market;
- Begum successfully bidding for European Social guidance and education, work and train-

kept calling me a bum. I wanted to get was trying, to stop pestering me.

"I wasn't quite sure what to do. I started volunteering at a local youth centre; that really helped me a lot. They referred me to the careers service.

"That was when I met my careers adviser. He wanted to help me. He helped me get into a lot of interviews and look for stuff.

"A couple of months later I started a childcare apprenticeship. My careers adviser helped me build upon this to move into my current apprenticeship.

"What I'm doing now is what I wanted to do. I'm really enjoying it, it's going really well.

"I always thought apprentices wouldn't get as much trust but they really trust me and I feel like one of the workers. It's nice to have that trust.

"Everyone's really proud of me and my

Funding, allowing the council's careers ser-

vice to support young people into work or

For more information around careers,

training and offer them mentoring.

"It wasn't nice being NEET. Everyone youth worker has been really supportive. I knew what I could achieve but I on with my life. I said I was looking, I needed the help to get there and the careers service really helped me.

> "Without the careers service I would probably still be looking for something to do if I'm being honest. The careers advisers really want you to get somewhere and that really pushed me forward as well. You know they want to help you. They help you set a plan and do your CV with you.

> "In five years' time, hopefully I'll be teaching students in a school. I like working with young people and I still volunteer with my local youth centre.

> "Eventually I'd quite like to be a careers adviser. I'd like to share my experience with other people. That age group don't know what to do but really want to get somewhere. I really want to work with students like that. It's nice giving something back. That would be my dream job."

ing contact the careers service on 73641401, visit www.towerhamlets.gov.uk/careersservice or call in person to the careers service centre at 35 Bow Road, E3 weekdays

2 - 8 MARCH 2015



A 'triumph over corporate bullying'

A local man has set up a petition asking the council to protect what is left of the Spiegelhalter interior, arguing it represents "the triumph of the individual over corporate bullying".

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

WWW.EASTLONDONHISTORY.COM

History

BY JOHN RENNIE

A BATTLE to close 'the Spiegelhalter gap' has pitted old against new, progress against tradition. And intriguingly it's a re-run of a fight that took place nearly a century ago.

The husk of Wickhams 90-year-old department store on the Mile End Road is now home to a cluster of tech start-ups. And owners Resolution Property want to revitalise the building with a series of retail units. But one inconvenient relic of the past stands

The 'gap' is one of the strangest sites in the East End. The mighty facade of the former Wickhams department store dominates the northern side of the Mile End Road, perfect in its mock-classical symmetry, except... something is wrong. The facade is broken by a much smaller building in the middle, with Wickhams split in two. The 'central' bell tower is off-centre, topping the left-hand block, which in turn has nine grand windows facing the street – there are only seven on the right.

That smaller building, splitting Wickhams, was home to Spiegelhalters. The German family had settled in the East End around 1828, working as clockmakers and jewellers. They set up shop at 75 Mile End Road, then one of a row of shops

The Wickham family were a small business too, drapers trading from number 69, but they had big ideas. They expanded, acquiring 71, then 73 and then bought out the Spiegelhalters, who moved along the way to number 85

But it wouldn't stop there. In the 1920s, the Wickhams decided to raze the old buildings and construct a custom-built store. The only problem was the Spiegelhalter family, who had changed their name to Salter to avoid anti-German sentiment during WWI, but retained their store's name. Having been moved once, they were staying put.

The offers were generous. One man recalled working at Wickhams in the 1970s and being told that Mr Salter was offered "the floor covered with sovereigns" to move out. "Only if they are stood on edge," he replied.

And so the redoubtable Wickhams built their store around number 85. The tower was set off-centre, but the two halves of the new store were built in anticipation that Spiegelhalter's would eventually be bought and demolished, with the gap filled in. For ever more, a tiny shop would interrupt what was known as 'The Selfridges' or 'Harrods of the East End' as they called Wickhams, (conveniently ignoring the fact that Harrods was from the East End).

Long before it became the archetypal posh people's grocer and shuffled off west,

Mind the gap: century-old fight still halting 'progress'



One man recalled working at Wickhams and being told Mr Salter was offered "the floor covered with sovereigns" to move out. "Only if they are stood on edge," he replied.

number 4 Cable Street in Stepney "with a special interest in tea". It was the astute Harrod's foresight that led him to relocate and the little grocers would become very rich indeed

And how had Harrod and his heirs done it? By buying their neighbours' shops, knocking them down and rebuilding. Eventually everyone takes the money... well not quite everyone.

And now, nearly 100 years later, Spiegelhalter's is once again a thorn in the side of Yeoman, director of the company that wants to develop the site. "We wanted to make the missing tooth the main en-



'progress'. One senses the frustration of Matt done in a way which makes the gap even more meaningful; to make it into an art piece which tells the Spiegelhalter story on its surface. You need to realise that the store Charles Henry Harrod was trading from trance to the building. We think it can be is just a brick wall. Everything behind it has

Wickhams department 'Spiegelhalter gap'

The department store

THE growth of the department store was closely linked to the growth in big cities in the 19th century. More shoppers meant retailers could build ever-bigger shops with ever-more specialised departments. Harrods was one of the earliest in London and the most exotic, selling everything from teabags to alligators and lions. Theatre and publicity was crucial to the whole enterprise - the first moving staircase in England, installed in the Brompton Road store in 1898, was as much about getting stories in the newspapers as getting customers from ground floor to first. Gordon Selfridge was in constant competition with his Oxford Street store, stocked with libraries, bars and smoking rooms. The golden age of the London department store was the first half of the 20th century. Barkers, Derry & Toms, Gamages, Swan & Edgar, Dickens & Jones - all great London institutions, all gone. The growth of specialist stores from the 1960s, and then the move to outof-town retail parks proved fatal. Shopping is still a leisure activity, but today we do it from our living rooms, with a click to Amazon. Yet the success of Mr Selfridge and The Paradise show many of us yearn for those department store days, when shopping was theatrical and

disappeared. It would be meaningless to retain it."

even glamorous.

And there's some truth there – some questions too. Private Eye magazine has recently highlighted the destruction of the old Spiegelhalter interior, and local man David Collard has set up a petition asking the council to list and protect what is left, arguing it represents "the triumph of the individual over corporate bullying".

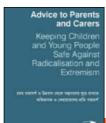
There's a lesson too for the developers trying to remove the gap in Wickhams. By the time the Spiegelhalters shut up shop in 1988, Wickhams was long closed.

Even today, there is a Spiegelhalter's, scions of the original family, trading in Penzance, Cornwall... the family business is heading for its 200th year. There is no record of the Wickhams still being in business.

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179



উগ্রবাদিতা থেকে সন্তানদের নিরাপদ রাখতে নির্দেশিকা প্র

চরম মতাদর্শে প্রভাবিত হওয়া এবং উগ্রবাদিতা থেকে সন্তানদের দরে রাখতে অভিভাবকদের করনীয় সম্পর্কে একটি নির্দে-শিকা প্রকাশ করেছে কাউন্সিল। উগ্রবাদিতা সনাক্ত করণ, দরকারী যোগাযোগের নাম্বার ইত্যাদি তথ্যের পাশাপাশি চরম পস্থার হাত থেকে সন্তানদের নিরাপদ রাখার ব্যাপারে মা-বাবাদের জন্য পরামর্শ এই নির্দেশিকায় রয়েছে। বিস্তারিত পড়ন নীচে -

GUIDANCE ISSUED TO COMMUNITY ABOUT KEEPING CHILDREN SAFE

Harmony

Fasalada lacag la'anta ee 2 jirada

Check if your toddler qualifies for free classes – issue 1048

Hamlets waxaa lagu dugsiga ka hor ah, garoomo baraarujinayaa in ay hubiyaan, bal ubadkooda abiidkan iyo gegooyin lacag laba jirsadey, in ay xaq u la'aan ah oo lagu hayo. leeyhiin 15 saacadood oo lacag la'aan ah todobaadkii, barbaarinta iyo waxbarashada judha hore.

Tower Hamlets waxay leedahav xarumo barbaarineed oo cayaareed iyo daryeelayaasha

Baadhitaan cilmiyeed oo jirada. dawli ah ayaa shaaca ka qaaday in barbaarinta hore ee ubadku ay waxtar u leedahay waxbarashadooda dugsiyeed

DADKA ku nool Tower door ah, xarumo barbaarineed noloshooda. Daryeelka carruurta ee lagu siyaadiyey laba jiradam wuxuu ku salaysan yahay adeegii horaba u jirey ee loo fidin jirey sedex jirada iyo afar

> Faahfaahin dheeraad ah, fadlan la xidhiidh adeega qoyska oo wac 7364 6495 amma boogo www.towerhamlets.

iyo weliba aayatiinka danbe ee gov.uk/learning2 Tirada dadka shaqo iyo tababar ku jira gobolka

Record numbers in training or work – page 12

DADKA ku nool Tower door ah, xarumo barbaarineed noloshooda. Daryeelka carruurta Hamlets waxaa lagu dugsiga ka hor ah, garoomo baraarujinayaa in ay hubiyaan, bal ubadkooda laba jirsadey, in ay xaq u la'aan ah oo lagu hayo. leeyhiin 15 saacadood oo lacag la'aan ah todobaadkii, barbaarinta iyo

Tower Hamlets waxay leeda-

cayaareed iyo daryeelayaasha abiidkan iyo gegooyin lacag

Baadhitaan cilmiyeed oo dawli ah ayaa shaaca ka qaaday in barbaarinta hore ee ubadku waxbarashada judha hore. ay waxtar u leedahay waxbarashadooda dugsiyeed hay xarumo barbaarineed oo iyo weliba aayatiinka danbe ee

ee lagu siyaadiyey laba jirada wuxuu ku salaysan yahay adeegii horaba u jirey ee loo fidin jirey sedex jirada iyo afar

Faahfaahin dheeraad ah, fadlan la xidhiidh adeega qoyska oo wac 7364 6495 amma booqowww.towerhamlets.gov.

Wufuud dibadaha shir uga timid

Overseas guests attend conference - issue 1048

WUFUUD caalami ah ayaa u soo safartay weerkshob uu qabtay adeega gaarka ah ee kawnsulka Tower Hamlets.

Adeega kawnsulka ee qoysaska Afrikaanka oo ah ka keliya ee noociisu ka jiro UK, lehna aqoon dheeraad ah oo la xidhiidha dhaqanka iyo caqiidooyinka dadka madawga ah, isla markaana ah dadka ku xiga tiro ahaan, bangooliga.

Adeegani wuxuu bixiyaa arrimaha la xidhiidha bulshada, kuwaas oo uu fidiyo qoysaska ka soo jeeda beelaha afrikaanka.



conayey ayuu qabtay adeegani bishii la soo dhaafay, kaas oo loogu magac daray ka war afrikaanka ah.

Wufuuda soo gaadhey Xarunta Osmani oo lagu qabtay munaasabada waxaa ka mid ahaa kuwo ka yimid fransiiska,

Weerkshob laba casho so- sbaanishka iyo talyaaniga. Waxaa kale oo goob jog ahaa booliiska mitrobolitanka.

Waxaa lagu falanqeeyey haynta carruurta iyo qoysaska shirkan taariikhda Afrika iyo dhibaatooyinka qoysaska.

Faahfaahin dheeraad ah la xidhiidh amma.ananeagyei@ towerhamlets.gov.uk amma wac 7364 2192.



remember the historic Language Movement by placing wreaths at the Shaheed Minar Hundreds celebrate Mother Language Day – page 9

মাতভাষা বাংলাকে রাষ্ট্রীয় মর্যাদায় প্রতিষ্ঠিত করতে আজ থেকে ৬৩ বছর আগে ১৯৫২ সালের একশে ফেব্রুয়ারী বাংলাদেশের রাজধানী ঢাকায় যারা পুলিশের গুলিতে জীবন দিয়েছিলেন, তাদের স্মৃতির প্রতি শ্রদ্ধা জানাতে শীতের তীব্রতা উপেক্ষা করে নানা বয়সের প্রায় হাজার মানুষ সমবেত হয়েছিলেন পূর্ব লন্ডনের আলতাব আলী পার্কে। টাওয়ার হ্যামলেটস্ কাউন্সিল এ বং কেন্দ্রীয় শহীদ মিনার কমিটির যৌথ ব্যবস্থাপনায় অত্যন্ত শান্তিপূর্ণ পরিবেশে একুশের প্রথম প্রহরে বিভিন্ন রাজনৈতিক, সামাজিক, সাংস্কৃতিক সংগঠন ও সর্বস্তরের মানুষ শ্রদা জানান ভাষা শহীদদের প্রতি।

উগ্রবাদিতা থেকে সন্তানদের নিরাপদ রাখতে অভিভাবকদের জন্য নির্দেশিকা প্রকাশ করলো টাওয়ার হ্যামলেটস কাউন্সিল

Guidance issued on keeping children safe – page 1

থেকে সন্তানদের নিরাপদ ও দুরে রাখতে অভি-ভাবকদের করনীয় সম্পর্কে একটি নির্দেশিকা প্রকাশ করেছে টাওয়ার হ্যামলেটস কাউন্সিল।

বেথনাল গ্রীণ একাডেমির নিখোঁজ তিন ছাত্রী তুরস্কের সীমান্ত অতিক্রম করে সিরিয়া ঢুকেছে বলে পুলিশের পক্ষ থেকে তাদের ধারনার কথা জানানোর পর অভিভাবকদের সচেতন করতে এই নির্দেশিকাটি প্রকাশ করা হয়। উল্লেখ্য, ১৫ বছর বয়সী শামিমা বেগম ও আমিবা আবাসা এবং ১৬ বছর বয়সী খাদিজা সলতানা গতত১৭ ফেব্দয়ারী ঘর থেকে বের হয় এবং গেটওয়ে এয়ারপোর্ট দিয়ে তুরক্ষে পাড়ি জমায়। তারা এখন সিরিয়ায় রয়েছে বলে পুলিশের ধারনা।

উগ্রবাদ সনাক্ত করার সম্ভাব্য লক্ষন, দরকারী যোগাযোগের নাম্বার ইত্যাদি তথ্যাদির পাশাপাশি বাচ্চাদেরকে কিভাবে চরম পস্থার হাত থেকে দূরে ও নিরাপদ রাখা যাবে, সেব্যাপারে মা-বাবা ও কেয়ারারদের জন্য প্রয়োজনীয় পরামর্শ এই গাইডেন্স ব্রোশিওর বা নির্দেশিকায় রয়েছে। যেমনঃ

আপনার ছেলে-মেয়ে কোথায় রয়েছে কার সাথে রয়েছে সেসম্পর্কে ওয়াকিবহাল থাকন. বাচ্চারা টিভি বা ইন্টারনেটে যা দেখছে, সেটা নিয়ে তাদের সাথে কথা বলন, স্থানীয় এবং আন্তর্জাতিক যে কোন ইস্য নিয়ে বিতর্ক করতে ও প্রশ্ন করতে তাদেরকে উদ্বুদ্ধ করুন, উগ্রবাদের সাথে জড়িয়ে পড়ার বিপদ ও পরিণতি কী হতে পারে তা অনুধাবন করতে তাদের সাহায্য করুন, আপনার সন্তানের অনলাইন এক্টিভিটি অর্থাৎ সে ইন্টারনেটে কী করছে সেসম্পর্কে সতর্ক থাকুন এবং ইন্টারনেট জগত সম্পর্কে আপনি নিজেও অভিজ্ঞতা অর্জন করুন, আপনার সন্তান কোন কোন সোশ্যাল মিডিয়া ও ম্যামেজিং সাইট ব্যবহার করছে, তা জানন, ছেলেমেয়েদের বলন যে, তারা ইন্টারনেটে যাদের সাথে যোগাযোগ করছে তারা

করতে বলছে তা সত্যি নয়, এবং সর্বোপরি স্থানীয় কমিউনিটির প্রতি অধিকতর আগ্রহী করে তলতে তাদেরকে অনপ্রাণিত করুন।

কখনো আপনার মনে এই আশংকা দেখা দেয় যে, আপনার সন্তান দেশ ত্যাগ করতে পারে, পাসপোর্ট নিরাপদ স্থানে তালাবদ্ধ করে রাখন। তাদের বয়স নিশ্চিত করতে তাদের পাসপোর্ট

এছাড়া ক্মবয়ুসী ছেলেমেয়েরা তাদের সেভিংস একাউন্ট কিভাবে ব্যবহার করছে. কিংবা পরিবার ও বন্ধু-বান্ধবদের কাছ থেকে উপহার হিসেবে অর্থ পাচ্ছে কি-না, তা-ও খতিয়ে দেখার বিষয়টি বিবেচনায় রাখতে পারেন। আত্মীয়-পরিজনকে এই পরামর্শ দিতে পারেন যে, কম বয়সীদের উপহার বা গিফট হিসেবে নগদ অর্থ না দিয়ে কিছু কিনে দিতে।

যদি কখনো এই দশ্চিন্তা আপনার মনে দেখা দেয় যে, আপনার সন্তান হয়তো কোন সাহায্য লাভের প্রত্যাশায় অনেরে দারা প্রভাবিত হচ্ছে কিংবা প্রভাবিত হওয়ার ঝঁকির মধ্যে রয়েছে. তাহলে যাকে আপনি বিশ্বাস করতে পারেন এমন কারো সাথে বিষয়টি নিয়ে কথা বলন। এটা হতে পারে আপনার মসজিদের ইমাম, কিংবা আপনার সম্ভানের সমবয়সী মামাতো-চাচাতো ভাই-বোন যারা আপনার সন্তানের সাথে সহজে মিশে তাকে বঝতে ও বোঝাতে পারবে অথবা সংশ্রিষ্ট কোন এজেন্সির সাহায্য নেয়ার কথাও আপনি বিবেচনা করতে পারেন।

এ ধরনের পরিস্থিতিতে যে সংস্থাণ্ডলোর সাথে যোগাযোগ করা যাবে, সেগুলো হলো -

দ্যা এক্টিভ চেঞ্জ ফাউন্ডেশন (এসিএফ), তারা

চরম মতাদর্শে প্রভাবিত হওয়া এবং উগ্রবাদিতা স্থাতে পারে ভূয়া পরিচয়ধারী কেউ এবং তারা যা বিরোধপূর্ণ অঞ্চল ভ্রমণে যেতে ব্রিটিশ নাগরিক-দের নিবত করতে কাজ করে থাকে। তাদের সাথে যোগাযোগের নাম্বার হচ্ছে ০২০ ৮৫৩৯ ২৭৭০।

> পরামর্শের জন্য টাওয়ার হ্যামলেটস কাউন্সিলের প্যারেন্টাল এনগেইজমেন্ট টীমের সাথে ০২০ ৭৩৬৪ ১৯৫২ নাম্বারে অথবা parenting@towerhamlets.gov. 11k এই ইমেইলে যোগাযোগ করা যাবে ৷

> মেয়র অব টাওয়ার হ্যামলেটস, লুৎফুর রহমান এ প্রসঙ্গে বলেন, বারার পরিবারগুলো যাতে করে তাদের সন্তানদের নিরাপদ রাখতে সক্ষম হন, সেজন্য আমাদের পক্ষে যতটক করা সম্ভব, আমরা তা করতে বদ্ধপরিকর। এই গাইডেন্স বা নির্দেশিকা প্রকাশে কাউন্সিল স্থানীয় কমিউনিটি গ্রুপগুলো ও পুলিশের সাথে অত্যন্ত ঘনিষ্টভাবে কাজ করছে।

> কেবিনেট মেম্বার ফর কমিউনিটি সেফটি, কাউন্সিলর অহিদ আহমদ বলেন, সব ধরনের উগ্রাদিতাকে মোকাবেলায় বারার কমিউনিটিগুলো অঙ্গিকারাবদ্ধ।

> এডকেশন এন্ড চিলডেন্স সার্ভিসেস বিষয়ক কেবিনেট মেম্বার, কাউন্সিলর গোলাম রব্বানী এ প্রসঙ্গে বলেন, বারার ছেলেমেয়েদের সার্বিক নিরাপত্তা নিশ্চিত করতে আমরা বদ্ধপরিকর। আমি আশা করছি, এই নির্দেশিকা বকলেটটি অভিভাবকদের নিজেদের ছেলেমেয়েদের সাথে এই ইস্য নিয়ে আলোচনা করার মতো সক্ষমতা এনে দেবে এবং তাদেরকে নিরাপদ রাখতে কার্য-কর পদক্ষেপ নিতে তাদের সাহায়্য কররে।

> চরম মতাদর্শে প্রভাবিত হওয়া এবং উগ্রবাদিতার হাত থেকে সন্তানদের রক্ষা করার পরামর্শ সম্বলিত বুকলেটটির ইলেক্ট্রনিক ফাইল টাওয়ার হ্যামলেটস কাউন্সিলের ওয়েবসাইটেও (www.towerhamlets.gov.uk)



বারার সর্বাধিক সংখ্যক তরুণ কাজ, অধ্যয়ন কিংবা প্রশিক্ষণে জড়িত ঐকতান

বারায় বর্তমানে অতীতের যে কোন সময়ে তুলনায় সর্বাধিক সংখ্যক তরুণ বয়সী শিক্ষায়, প্রশিক্ষণে কিংবা কাজের সাথে Send your Bengali and Somali news সম্পুক্ত রয়েছে। কাউন্সিল গত ১৭ ফ্রেক্সারী আনুষ্ঠানিকভাবে জানায় যে, বারায় মাত্র ৩ দশমিক ৪ পার সেন্ট তরুণ to Harmony, East End Life, Town Hall, এনইইটি (নট ইন্ এডুকেশন, এম্পলয়মেন্ট অর ট্রেনিং) এর শ্রেণীভূক্ত রয়েছে। বিস্তারিত পড়ন নীচে -

HIGHEST EVER RATE OF YOUNG PEOPLE IN WORK, EDUCATION OR TRAINING



5 Clove Crescent, Poplar E14 2BG.

Harmony

কাউন্সিলের আফ্রিকান ফ্যামিলি সার্ভিস আয়োজিত কর্মশালায় আন্তর্জাতিক বিশেষজ্ঞদের অংশগ্রহণ Europe looks to Tower Hamlets for African family expertise – issue 1048

সার্ভিসের উদ্যোগে আয়োজিত বিশেষ ওয়ার্কশপে অনুষ্ঠিত হয়। যোগ দিয়েছেন আন্তর্জাতিক প্রতিনিধি দল। গোটা যুক্তরাজ্যের মধ্যে একমাত্র এবং অনন্য। ছাড়াও মেট্রোপলিটান পুলিশ এবং যেসকল

ধারনা। টাওয়ার হ্যামলেটসে বসবাসকারী কমিউনিটির পর দ্বিতীয় বৃহত্তম কমিউনিটি হচ্ছে প্রতিষ্ঠাতা ও ডিরেক্টররা এতে অংশ নেন। কৃষ্ণাঙ্গ কমিউনিটি।

ফোরামে আলোচনা সভার আয়োজন করে। এছাডা সোশ্যাল ওয়ার্ক সংক্রান্ত নির্দেশনাবলী এবং কষ্ণাঙ্গ পরিবারগুলো নিয়ে কাজ করছে এমন লকাল অথরিটি ও সংগঠনগুলোর জন্য প্রশিক্ষণ কায-ক্রম পরিচালনাও করে থাকে এই সার্ভিস।

এই সার্ভিসের উদ্যোগে গত ১৯ ফেব্রুয়ারী ব্র্যাক আফিকান শিশু ও পরিবারগুলোর নিরাপত্তা

টাওয়ার হ্যামলেটস কাউন্সিলের অসাধারণ এক বিষয়ক দুই দিন ব্যাপি একটি বিশেষ ওয়ার্কশপ

ওসমানী সেন্টারে আয়োজিত এই কর্মশালায় কাউন্সিলের আফিকান ফ্যামিলি সার্ভিস হচ্ছে ফোন্স স্পেন ও ইতালী থেকে আগত প্রতিনিধিরা কালো আফ্রিকান কমিউনিটির সংস্কৃতি ও বিশ্বাস এজেন্সির সমন্বয়ে টাওয়ার হ্যামলেটস্ লকেল সম্পর্কে এই সার্ভিসের রয়েছে বিশেষজ্ঞ জ্ঞান ও সেফগার্ডিং চিলড্রেন বোর্ড গঠিত, সেই সব এজেন্সির প্রতিনিধিবৃন্দ ও 'ইয়ূথ এগেইনস্ট ক্রাইম এথনিক কমিউনিটিগুলোর মধ্যে বাংলাদেশী নট ক্রাইম এগেইনস্ট ইউ' চ্যারিটি সংস্থার

মেয়র, লংফর রহমান বলেন, আমরা খবই আফ্রিকান ফ্যামিলিজ সার্ভিসের মাধ্যমে আনন্দিত যে, শিশুদের সুরক্ষা দিতে ইউরোপের কৃষ্ণাঙ্গ কমিউনিটির পরিবারগুলোর জন্য সোশ্যাল বিশেষজ্ঞরা আমাদের গাইডেন্স পেতে আগ্রহী। ওয়ার্ক বিশেষজ্ঞ সেবা প্রদান করা হয় এবং যে 'এক টাওয়ার হ্যামলেটস' এর চেতনার কোন ইস্যু উত্থাপিত হলে তা নিয়ে স্থানীয় আলোকে আমরা বারার প্রতিটি কমিউনিটির জন্য সর্বোত সহায়তা নিশ্চিত করতে কাজ করে যাচ্ছি।

> কেবিনেট মেম্বাব ফর চিলডেন্স সার্ভিসেস কাউন্সিলর গোলাম রব্বানী বলেন, আফ্রিকান ফ্যামিলি সার্ভিস খবই ইউনিক অর্থাৎ অনন্য একটি সেবা। বহু সংস্কৃতির কমিউনিটি নিয়ে টাওয়ার হ্যামলেটস কতটা সমদ্ধ তারই উদাহরণ হচ্ছে



Cultural extravaganza dazzles the crowds – see pages 6 & 7

টাওয়ার হ্যামলেটসের ছোট ছোট ছেলেমেয়েদের কবিতা আবৃত্তি, নৃত্য ও নাটিকা পরিবেশনা চায়নীজ, লিথুনিয়ান ও বাংলা ভাষা ও সংস্কৃতিকর নানা আয়োজন ছিলো এই অনুষ্ঠানে। ইত্যাদি নানা আয়োজনের মধ্য দিয়ে পালিত হলো আন্তর্জাতিক মাতভাষা দিবস।

টাওয়ার হ্যামলেটস্ কাউপিলের উদ্যোগে ২৪ ফেব্রুয়ারী বেথনাল গ্রীণের ইয়র্ক হলে আয়োজিত 🔠 এম্বেসির প্রতিনিধি ছাড়াও বিভিন্ন স্কুলের হেডটিচাররা উপস্থিত ছিলেন। এই অনুষ্ঠানে পারফর্মেপকারী এই অনুষ্ঠানে ৭ শতাধিক দর্শক উপস্থিত হয়েছিলেন। বারার বিভিন্ন স্কল, ধর্মীয় গ্রুপ ও শিশুদের অভিনন্দন জানান কাউন্সিলের শিক্ষা ও শিশু সার্ভিস বিষয়ক কেবিনেট মেম্বার, কাউন্সিলর কমিউনিটি ক্লাবগুলোর প্রতিভাবান শিশু কিশোররা তাদের অনবদ্য পরিবেশনায় মুগ্ধ করেন দর্শকদের।

অনষ্ঠানে যোগদানকারী অতিথিদের মধ্যে বাংলাদেশ হাইকমিশন এবং স্পেনিশ ও লিথুনিয়ান

টাওয়ার হ্যামলেটসে বর্তমানে সর্বাধিক সংখ্যক তরুণ কাজ, অধ্যয়ন কিংবা প্রশিক্ষণে জড়িত

More young people in work, education or training – page 12

টাওয়ার হ্যামলেটস বারায় বর্তমানে অতীতের যে কোন সময়ে তুলনায় সর্বাধিক সংখ্যক তরুণ বয়সী শিক্ষায়. প্রশিক্ষণে কিংবা কাজের সাথে সম্পৃক্ত রয়েছে। কাউন্সিল গত ১৭ ফেব্রুয়ারী আনুষ্ঠানিকভাবে জানায় যে, বারায় মাত্র ৩ দশমিক ৪ পার সেন্ট তরুণ এনইইটি (নট ইন্ এডুকেশন, এম্পলয়মেন্ট অর ট্রেনিং) এর শ্রেণীভুক্ত রয়েছে।

১৯৯৪ সালে রেকর্ড শুরুর পর থেকে এবারই নভেম্বর, ডিসেম্বর, জানুয়ারী এই তিন মাসের পরিসংখ্যানে সর্বনিমু সংখ্যক তরুণ এই শ্রেণীর অন্তর্ভূক্ত হলো। জাতীয় পর্যায়ের পরিসংখ্যান আনষ্ঠানিকভাবে ঘোষনা করা হয় ২০ ফ্বেক্সারী।

২০০৫ সালে এই তিন মাসের পরিসংখ্যানে দেখা গেছে, ঐ সময় ১২.৬ শতাংশ তরুণ শিক্ষা, কাজ কিংবা প্রশিক্ষণ কোনটার সাথেই জডিত ছিলো না । ঐ অবস্থা থেকে প্রায় ৯ শতাংশ উন্তি ঘটেছে। সর্বশেষ পরিসংখ্যান অন্যায়ি টাওয়ার হ্যামলেটসের ৭,৭৭৬ জন তরুণের মধ্যে মাত্র সালে এই সংখ্যা ছিলো ৭৪১ জন।

চিলড্রেন সার্ভিসেস, কাউন্সিলর গোলাম রব্বানী ক্ষেত্রে ভালো দক্ষতাসম্পন্ন ও আস্থাবান। আমরা ফর্মের সাথেও কাউপিল কাজ করছে। আমাদের তরুণদেরকে এই সব যোগ্যতা দিয়ে গড়ে তুলতে প্রচেষ্ঠা চালিয়ে যাচ্ছি।



Nasreen Begum has been an apprentice for eight months

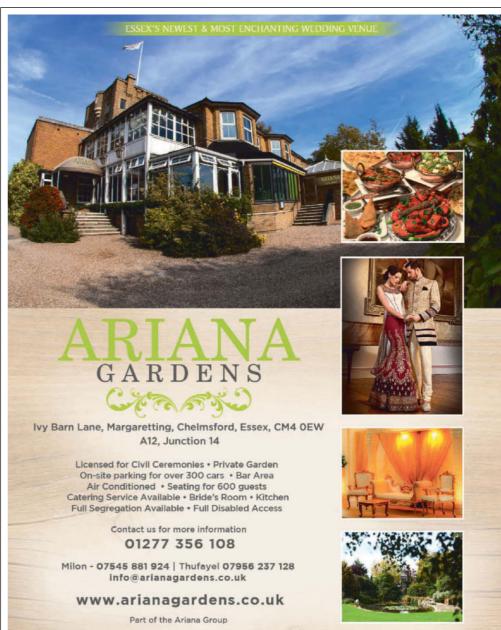
রয়েছে, শিক্ষাবর্ষ ৯ এ যারা শিক্ষাজীবন থেকে ঝরে পড়তে পারে এমন শিক্ষার্থীদের সমস্যা আগেভাগে চিহ্নিত করে সেই অন্যায়ি সহাযতামলক সার্ভিস প্রদান ভবিষ্যতে কর্মজীবনে কোন পেশা গ্রহণ করবে, তা নির্ধারণে স্কুল পরামর্শ প্রদান, বারার বিভিন্ন নির্মান প্রকল্পে স্থানীয় কিন্তু আবারও ঝরে পড়ি।" কেবিনেট মেম্বার ফর এডুকেশন এন্ড তরুণদের কাজ দেয়ার ব্যাপারে পার্টনারশীপ গড়ে তোলা, এপ্রেন্টিসশিপ ও হায়ার এডুকেশন

স্টেপনীর নাসরিন বেগম, যিনি সিক্সথ-ফর্ম যে উদ্যোগগুলোর কারণে বারার এনইইটি ভক্ত ছিলেন, অর্থাৎ লেখাপড়া, প্রশিক্ষণ কিংবা নাম্বারে ফোন করে ক্যারিয়ার সার্ভিসের সাথে পারফর্মেন্স এমন সাফল্য বয়ে এনেছে, তার মধ্যে কোন কাজের সাথে জড়িত ছিলেন না। যোগাযোগ করতে অনুরোধ করা হয়েছে।

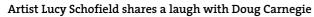
কাউন্সিলের ক্যারিয়ার সার্ভিসের সহযোগিতায় বর্তমানে নাসরিন এপ্রেন্টিস হিসেবে কাজ করছেন। তিনি বলেন, "সিক্সথ-ফর্মে যাওয়ার এক বছর পরই পছন্দের কোর্স করতে না পেরে আমি ঝরে পডি। ভেবেছিলাম পরবর্তী বছর আমি ২৪২ জন এনইইটি শ্রেণীভূক্ত রয়েছে। ২০০৫ শিক্ষার্থীদের আগ্রহ ও দক্ষতাকে মূল্যায়ন করে আবার শুরু করবো। ফের শুরু করেও ছিলাম,

তিনি বলেন, "নেট বা এনইইটি এর শ্রেণী-ভক্ত হওয়াটা মোটেই স্বস্তিদায়ক নয়। ক্যারিয়ার বলেন, আধুনিক শ্রম বাজার তেমন কর্মী চায়, ফেয়ারের আয়োজন। বিভিন্ন ধরনের কোর্সের এডভাইজারের সহযোগিতায় আমি কয়েক মাস যারা অত্যন্ত নিবেদিত, ভালো শিক্ষিত এবং সংশ্লিষ্ট সহজলভ্যতা নিশ্চিত করতে কলেজ ও সিক্সথ পরই চাইল্ডকেয়ার এপ্রেন্টিসশীপ হিসেবে কাজ

> শিক্ষা, প্রশিক্ষণ, পেশা কিংবা চাকুরি ইত্যাদি থেকে ঝরে পড়ার পর প্রায় ৭ মাস নেট শ্রেণী- সম্পর্কে তথ্য জানতে চাইলে ০২০ ৭৩৬৪ ১৪০১









Ted, 77, loves having a chat and a beer with the Geezers



Geezers raise a

A group of men who are running a project about the disappearance of pubs in east London spoke about life in the East End and plenty of other topics at an afternoon gathering in Mile End. East End Life joined the Geezers for a chat, a laugh and to reminisce about old times.

DISAPPEARING

Where's My Boozer

EAST END

THE Geezers group of older men meet once a week to socialise and take part in community activities but they have recently

become concerned about the demise of East End pubs. Last year they



Ray Gipson, one of the Geezers' founders, explained: "One day, a group of us were talking about how many pubs in the borough have disappeared. Pubs were our community centres – places where we would go to have a drink, play darts and look out for one another. We've counted at least 90 pubs that have gone in the last 30 years."

The group has published its own newspaper – The Disappearing East End – as part of the project which features stories from pub regulars as well as a section on missing pubs.

Ted, 77, lives near Roman Road and has been a member of the Geezers for about a year.

"I used to go to a pub called The Earl of Ellesmere. It was a cracking meeting place where I had many a good laugh. It has been

> building is a block of flats," he said. "I like the East End I was born and bred here. What I miss about the old East End is the fact that families lived close together. I have known my neighbours for more than 30 years. They always knock on my door to find out if I'm

> > John McLaughlin, 73, has been married to Bonnie, 70, for 50

 $\hbox{``I'm originally from}\\$ Birkenhead and although people jokingly call me a foreigner, I love living in the borough," he told East End Life.

"I used to play in a pool league to raise money for charity and there used to be three or four good pubs in now a restaurant and the others have gone." Bonnie, who was



closed for a few years now and the John Griffin, 77, loves living in the borough



Gary Broomfield, 80, says his former local is now a wine bar

and moved to Bow when she was nine, said: "What I love about the East End are the closeknit communities, the parks and the people. Roman Road – one is I belong to Bow Belles, which is like a female version of the Geezers, although not as rowdy, but just as much fun – without the groups, we'd both be isolated. We love the day trips born in Bethnal Green and the tea dances.



Beer cans, games, beer mats and other iter

"I enjoy the occasional drink but what I love and miss about pubs is the atmosphere feeding the jukebox and having a lemonade. It is a shame that so many pubs have gone. Many of them used to welcome children on a Sunday afternoon, they were great meeting places and a social hub."

Tony Basra, 59, added: "Geezers talk about

says his former local pub in Wapping High Street has been turned into a block of

Tony Basra

18







read and heard about the demise of local pubs and talked about how their community has changed down the years

glass to days gone by



ns on display at the conversational afternoon – Where's My Boozer Gone?

anything from television to footy. We have a laugh and a joke. I've lived in the borough for nearly 50 years.

"I currently live in Wapping. My former local pub in Wapping High Street has been turned into a block of flats. It's a shame that our children can't live in the borough as it is becoming expensive."

youngest member of the Geezers.

"I joined the group two years ago following prima donnas. We all get on and have a hell of a lot of life experience between us."

Artists including Lucy Schofield and

Fifty-six-year-old Barry Stradling is the on a project to research the history of local pubs in the borough.

To find out how important pubs were to a brain injury. It is a friendly bunch with no the community, the group would like to hear from people who worked or socialised in a

Email ray.gipson@hotmail.co.uk or visit Louise Gridley are working with the Geezers www.ourbow.com/category/the-geezers



Barrie Stradling and Ray Gipson talk about the benefits of having a local pub to visit



John and Bonnie McLaughlin raise a glass to a good pub atmosphere and 50 years of marriage

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

www.towerhamlets.gov.uk/welfarereform

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

Meetings

7.30pm: Extraordinary health

The meeting will be given an

update on managing winter

scrutiny panel meeting

pressures at Barts Health

community health services.

More information on 7364

4881 or email antonella.

and procurement of

Monday, March 2

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.tower hamlets. gov.uk/data/ your-council/data/forwardplan/forward-plan.cfm

Details from 7364 4651 or email matthew.mannion@ towerhamlets.gov.uk

Thursday, March 5

7.30pm: Council

The meeting will set the budgets and council tax for 2015/16.

For details call 7364 4204 or email johns.williams@ towerhamlets.gov.uk

Tuesday, March 3

burgio@towerhamlets.gov.uk

6.30pm: Licensing sub-committee

Business includes applications for a new premises licence for The Hub by Premier Inn, 86 Brick Lane, E1 and for a variation of premises licence for Spice Hut, 220 Mile End Road E1

For details call 7364 4120 or email simmi.yesmin@ towerhamlets.gov.uk

7.15pm: Overview & scrutiny committee

For details call 7364 4878 or email david.knight@ towerhamlets.gov.uk

Wednesday, March 4 5.30pm: Cabinet

Tuesday, March 10

5pm: Tower Hamlets Health and Wellbeing Board

For details call 7364 4877 or email zoe.folley@ towerhamlets.gov.uk

6.30pm: Licensing committee For details contact Simmi Yesmin (see left).

Wednesday, March 11 7.3opm: Development committee

Details from Zoe Folley (see above).

Thursday, March 12

7.30pm: Strategic development committee Details from Zoe Folley

(see above).

Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling
- report an abandoned vehicle
- bulk rubbish collections

28 Massingham Street - mansard roof extension

5 Arbour Square – minor alterations including: re-introduce fanlight over front door to match neighbouring properties; add vent grill to front of property; move soil vent pipe to outside of external wall to back of house; remove internal wall and internal chimney breast; infill door, remove redundant pipework, fit out new kitchen and relocate radiators.

27 Commercial Road & 29-37 Whitechurch Lane – application for non-material

Planning amendment to planning permission ref PA/13/02338, dated 14.3.14. Amendment sought: internal alterations.

E14

Wood Wharf, Prestons Road – application for non-material amendment to outline planning permission ref PA/13/02966, dated 24.12.14. Application seeks to amend the wording of conditions.

This is not a definitive list of all current planning applications. For more details go to www.towerhamlets.gov.uk and click on Planning & Building.

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1. 7790 1344 www.lifeline.org.uk

Nafas

Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House. 4th Floor. 20 Garford Street, E14. 7538 9421

Young People's Service

Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

For women aged over 18 c/o Hopetown Hostel. 60 Old Montague Street, E1. 7426 0399 www.compass-uk.org

Community Alcohol Team

Unit 22, Skylines Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for

Zulia's one in a thousand

THE thousandth person to be helped into a job by the council this year was confirmed last month.

The success of the council's employment support has been delivered by many different teams across the authority, led by employment brokerage service Skillsmatch.

Zulia Aguilera-Martinez, 45, was one of the people supported in to work, as a specialist window cleaner, after Skillsmatch gave her the chance to take part in a 'working at heights' training course.

She said: "Skillsmatch really helped me a lot, not just with finding a job but also with training. Without their help, I would never have got the job I am doing now.

"The working at heights training gave me the relevant qualifications and confidence to access this type of work."

As a result of the council's internal projects and its work with external partners, nearly 3,000 people have been helped into work this financial year.



Zulia Aguilera-Martinez working at heights

This has helped boost the current employment rate of 68.1 per cent – the highest since records began in 2004.

Deputy Mayor Cllr Oliur Rahman, cabinet member for

employment and enterprise, said: "People aren't just getting jobs, they are embarking on

"With our support, they can move onwards and upwards."

people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081

Public notices

LONDON BOROUGH OF **TOWER HAMLETS**

THE TOWER HAMLETS (PRESCRIBED ROUTE) (NO.1) ORDER 2015

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets proposes to make the above-mentioned Orders under Section 6 of the Road Traffic Regulation Act

1984 (as amended by the Local Government Act 1985 and the Road Traffic Act 1991).

2. The general effect of The Tower Hamlets (Prescribed Route) (No.1) Order 2015 will be to prohibit vehicular traffic, except for emergency vehicles and pedestrians from proceeding in Tyne Street, from a point approximately 43 metres south of the southern kerb line of Pomell Way and its junction with the northern kerb-line of Whitechapel

High Street to pedestrianize the affected area.

3. A copy of the proposed Orders can be inspected by appointment at the offices of Communities, localities and Culture, Transport and Highways Department, 6th Floor, Mulberry Place, 5 Clove Crescent, London E14 2BG during normal office hours on Monday to Fridays inclusive until the expiration of a period of 21 days from the date on which this notice is published.

4. Any person desiring to comment on the proposed Orders should send a statement in writing of their objection and grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 2nd March 2015

JAMIE BLAKE **SERVICE HEAD PUBLIC REALM**







Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

Did you get it?

Last week's picture of an arch was taken at the Bromley by Bow Centre.

MY.TOWERHAMLETS.GOV.UK

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. 7364 5000

Hotline numbers

Housing benefits - 7364 5001 Council tax - 7364 5002 Parking services - 7364 5003 Streetline - 7364 5004 Adult social care - 7364 5005 Children's services - 7364 5006 Pest and noise nuisance -7364 5007

Employment & skills service (Skillsmatch) - 7364 3727 Environmental health, trading standards & licensing -7364 5008

Planning & development -7364 5009

Business rates - 7364 5010 Recruitment line – 7364 5011 Electoral services - 7364 0872 Tower Hamlets Homes - 7364

Healthline - 7364 5016

General enquiries

Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs - 0800 376 1637 Tenancy support - 7364 5544 Housing advice (E14) - 7364 7507 Housing advice (E1, E2 or E3) -7364 3558

Homeless service - 7364 7474 Choice-based lettings

-7364 0244

Homeseekers - 0845 270 2400

Switchboard

If you know the name of the person or department, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers: Non-emergency crimes – 101 Textphone - 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available

24-hour domestic violence national helpline 0808 2000 247 **Haven Whitechapel (sexual** assault referral centre) 7247 4787 Karma Nirvana (Honour **Network Helpline)**

0800 279 5434 (office hours)

0800 5999 247 **Broken Rainbow** (LGBT domestic violence) 0845 260 4460

Black Women's Health & Family Support 8980 3503

Rights of Women

(legal advice) 7251 6577

Victim Support Line 0845 30 30 900 **Victim Support Tower**

Hamlets 8555 8254

NSPCC Child Protection Helpline 0800 800 5000

Childline 0800 1111

Shelterline 0808 800 4444

Respect (for perpetrators) 0845 122 8609

Reunite (advice about child abduction) 0116 2556 234

Men's Advice Helpline 0808 8010 327 **Samaritans**

08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict

Free service for council tenants and leaseholders. 7702 8305

Trading standards Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green - 1 Rushmead, off Bethnal Green Road, E2 Bow & North Poplar – John Onslow House, 1 Ewart Place, E3 South Poplar – 15 Market Square, Chrisp Street, E14 Stepney& Wapping -Idea Store Watney Market, 260 Commercial Road, E1. Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow - Gladstone Place, E3. Canary Wharf – Churchill Place, Canary Wharf, E14. Chrisp Street – Vesey Path, E14. Whitechapel – 321 Whitechapel Road, E1. 7364 4332 Watney Market -Commercial E1. 7364 4332 All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays -Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries Bethnal Green – Cambridge Heath Road, E2. 8980 3902 **Cubitt Town** – Strattondale Street, E14. 7987 3152 All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm. Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm. 7364 1290; email localhistory @towerhamlets.gov.uk



Computer Class

Free and open to all from beginner to intermediate computer users

Every Thursday 10am - 12pm

St Hilda's East Community Centre 18 Club Row, E2 7EY

020 7739 8066

THIS MONTH OFFERS: e 1st lesson <mark>Only £9.99</mark> 5/hr, 4 hours = £60 (once only lock bookings @£18/hr | PAY ONLINE | GIF1 JOCK DOOKINGS (25 16) IT | PAY ONLINE TOWER Hamlets | Newham | Hackney | Red Car: Mini Cooper D 2012 plate MANUAL We only use DSA approved instructors PASS PLUS registered Short Notice lest arranged ADI: part 1, 2 and 3 available





& Look Who's 18 this week!!!!! 10th March

Gurnam Kaur Congratulations Happy Birthday

Much love Mum, Dad, brothers, sisters and all your friends

The London Borough of Tower Hamlets
Notice of Variation of Parking Charges

The Council of the London Borough of Tower Hamlets, in exercise of its powers under the Road Traffic Regulation Act 1984 and the Local Government Act 1985 hereby gives Notice that as from 6th April 2015 the charge for the issue of the following types of Permit and other charges will be varied as follows:



A) RESIDENT PERMITS

BAND	ENGINE SIZE	CO ₂ EMISSIONS	2014/15 PERM	IIT CHARGE (£)	NEW PERMIT	CHARGE (£)
	(cc)	(g/km)	6 months	12 months	6 months	12 months
Motor Cycles	Any	Any	n/a	15	n/a	16
Electric	n/a	n/a	0	0	6	6
Α	-	<=100	0	0	6	6
В	<=1100	101-120	28	45	29	46
С	1101-1300	121-150	34	56	35	57
D	1301-1600	151-165	45	78	46	80
Е	1601-1800	166-185	56	100	57	102
F	1801-2000	186-225	67	122	69	125
G1	2001-3000	226-325	78	138	80	141
G2(*)	>3000	>325	89	166	91	170

^(*) Multi-vehicle permits and permits for foreign-registered vehicles are charged at Band G2. Foreign-registered vehicles are only eligible for 6-month permits.

B) BUSINESS, CONTRACTOR, DOCTOR AND PUBLIC SERVICE PERMITS

BAND	ENGINE SIZE	CO ₂ EMISSIONS	2014/15	PERMIT CH	ARGE (£)	NEW P	ERMIT CHAF	RGE (£)
	(cc)	(g/km)	3 months	6 months	12 months	3 months	6 months	12 months
Electric	n/a	n/a	0	0	0	7	7	7
А	-	<=100	212	315	508	229	340	549
В	<=1100	101-120	224	333	539	242	360	582
С	1101-1300	121-150	242	358	575	262	387	621
D	1301-1600	151-165	266	394	636	288	426	687
E	1601-1800	166-185	278	411	666	290	460	696
F	1801-2000	186-225	290	430	696	313	464	751
G1	2001-3000	226-325	303	448	726	327	484	784
G2(**)	>3000	>325	315	462	757	340	499	817

^(**) Multi-vehicle permits are charged at Band G2.

C) MARKET TRADER PERMITS

2014/15 PERMIT CHARGE (£)			NEW F	PERMIT CHAR	GE (£)
3 months	6 months	12 months	3 months	6 months	12 months
160	270	440	173	292	475

D) OTHER PERMITS

Туре	2014/15 Charge (£)	New Charge (£)
Car Club Permits	200 / year	206 / year
Daily Contractor Permits	5 / day	25 / day
Temporary Resident Permits	5 / day	6 / day

E) SCRATCHCARDS

Туре	Time permitted per scratchcard	Scratchcards per book	2014/15 charge per book	New charge per book
Business	20 minutes	15	20	22
Market Trader	1 day	5	25	26
Public Service	3 hours	10	35	37
Resident visitor	6 hours(**)	10	10	15

^(**) Resident visitor scratchcards issued before the implementation of these charges only permit 5 hours parking per scratchcard.

F) PAY AND DISPLAY CHARGES

Zones	2014/15 Charge (£ / hour)	New Charge (£ / hour)
A1, A2, A5, A6, C1, C2	4.00	4.40
A3, A4, C3, C4	3.50	3.80
B1, B2, B3, D1, D2	3.00	3.40
Roman Road Car Park	3.00	3.40

G) SUSPENSIONS

Charge	2014/15 Charge (£)	New Charge (£)
Administration for residents, emergency services and registered charities	0.00	82.00
Administration for businesses and companies	55.00	82.00
Bay per day – zones A1, A2, A5, A6, C1, C2	30.00	40.00
Bay per day – zones A3, A4, C3, C4	25.00	40.00
Bay per day – zones B1, B2, B3, D1, D2	22.50	40.00

H) DISPENSATIONS AND SKIP LICENCES

Charge	2014/15 Charge (£)	New Charge (£)
Administration for residents, emergency services and registered charities	0.00	18.00
Administration for businesses and companies	55.00	57.00
Vehicle / skip per day – zones A1, A2, A5, A6, C1, C2	30.00	40.00
Vehicle / skip per day – zones A3, A4, C3, C4	25.00	40.00
Vehicle / skip per day – zones B1, B2, B3, D1, D2	22.50	40.00

I) TRAFFIC MANAGEMENT ORDERS

2014/15 Charge (£)	New Charge (£)
3,000	3,400

J) ALL OTHER CHARGES ARE UNCHANGED.



Recognising inspirational work

The RICS London Awards 2015 showcase the most inspirational regional initiatives and developments in land, property, construction and the environment.

Fall under its spell

Dennis Severs' House's ten rooms "harbour 'spells' that engage visitors' imagination", at 18 Folgate Street, E1.

WWW.DENNISSEVERSHOUSE.CO.UK

Property





A CAMPAIGN has been launched, in a bid to oppose the redevelopment of a historic site in Norton Folgate. Spitalfields Trust is challenging the proposed development by British Land and the City of London.

Campaigners are staging an exhibition, telling the story of the history of Norton Folgate and presenting alternative proposals for the area's redevelopment.

The exhibition at Dennis Severs' House, 18 Folgate Street, Spitalfields, is open on: Sunday, March 1 from 10am-12 noon; Tuesday, March 3 and Thursday, March 5 from 5-7pm; Saturday, March 7 from 3-5pm; Sunday, March 8 between 10am-12 noon; Tuesday, March 10, 12-2pm; Saturday, March 14, 3-5pm; and Sunday, March 15 from 10am-12 noon.

For further information visit www.dennissevershouse.co.uk Plan to make the most of our available space

BY JESSICA ODUBAYO

THOUSANDS of square metres of under-used space in the borough could soon be used to house community groups, business start-ups and arts organisations, with the launch of a new scheme.

Open Poplar showcases more than 50 spaces across Poplar and Bow that have capacity beyond their current use, such as garages and gardens, sheds and shops.

The aim is to ensure that the

regeneration.

Each space is detailed on the website www.openpoplar.com together with its size, location, floorplans, images and rental guide price. Interested parties are invited to be submitted by March 30.

An advisory group of residents, stakeholders and social landlord Poplar Harca will consider all proposals.

Paul Augarde, head of creativity and we have."

community, alongside organisations from innovation at Poplar Harca, said: "We're open further afield, are part of Poplar's future to ideas from anyone, anywhere – but our two key criteria are that proposals benefit Poplar and its people and that ideas, however creative, are backed by a sustainable business plan.

"Space is such a precious commodity. We to fill in a business proposal, which needs have places that are only used a few times a week, or some that have been standing empty for a while.

> "We're really excited to hear people's ideas for maximising the opportunities

Tower in line for surveyors' award

A YOUTH centre in Poplar categories – building conservaand the Tower of London are among the buildings competing for a prize in this year's Royal Institution of Chartered Surveyors (RICS) London Awards.

Eight category winners and a project of the year will be selected from the 61 shortlisted entries to the awards.

Winners from the building conservation, community benefit, infrastructure, design through innovation and regeneration categories will then be invited to represent London projects and regenerated and compete against projects from across the rest of the UK, at the overall RICS Awards grand

The Tower of London North Inner Curtain Wall and Towers has been shortlisted in two in October.

tion and tourism & leisure; Spotlight Youth Space in Poplar is in the running for a community benefit award; and Wombats, a hostel in Wapping, has been shortlisted in the commercial category.

Lvnn Robinson, regional director RICS South, said: "The quality of entries received this year is truly outstanding and clearly demonstrates the fantastic work being carried out by property professionals.

"There is a wealth and variety of inspirational new developments – I am sure it will be a challenging judging process."

The London awards will take place on April 30 and a UK national ceremony will be held

Get kit to help beat burglars

RESIDENTS in Mile End, Bow, Bromley North and Bromley South could be eligible to receive a burglary deterrent, which is being distributed to vulnerable, elderly and isolated individuals.

The Mayor of London's Office for Policing and Crime approved funding for the traceable liquid kits and other items of security equipment, which are

being distributed to vulnerable residents, in conjunction with the Mile End neighbourhood policing team.

The liquid can be applied to valuable items, to deter theft and help identify thieves so they can be prosecuted.

Residents who wish to find out if they are eligible for a free or discounted kit should call 07731 495004 or email vip@mileendward.uk





Find out about local schools, council services, transport links, and businesses at: www.upmystreet.com UpMyStreet)





















PEABODY













































You can bid for these homes only if you have an active application on the **Tower Hamlets Housing** List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

টাওরার স্থামণেটেস হাউপিং ডাণিকার আপদার একটি সক্রির আবেদন পাকলেই কেবল এসব বাসাগুলোর জন্ড আপনি নিলাম ডাকার অংশ নিডে পারকো। ডাকুমহে করে এই বাসাগুলোর কোনটিই দেখতে যাকেন না কারণ এরফালে প্রতিবেশীরা বিরক্ত

ষাদেরকে আমরা বাসা দেরার প্রজ্যেব করি কেবল সেসব লোকেদেরকেই আমরা লোকেদেরকেই আদনা দোগায়াগ করে থাকি। ভাছার নিভিমালার (লেটিং পণিসি) উপর ভিগ্রি করে তথ্যেশিকারের ভিগ্রিড বাসা দেরার প্রজ্ঞাব করা হর। 020 7364 ... !826 লম্বরে অধবা জনবসাইটে এই লীডিমালার কশি পাওয়া যাবে।

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nugul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔 橋區政府現時生效 的房屋名單上,你 才可以競投這些房 屋。請切勿到任何這些房屋造訪,因 爲這可能對鄰居造 成滋擾

我們只能聯絡那些 我們可以提供房屋的人士。我們根據 租屋政策按優先次 序提供房屋。欲索 取這份政策,請致 電我們,號碼 020 7364 2826,或瀏覽 網站。

Nếu đơn thỉnh cấu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quấ, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cử căn nhà nào vì có thể gấy nên những phiên toái cho hàng xóm.

Chúng tới chỉ có thể liên lạc với những người chúng tới cấp nhà. Quyết định cấp nhà theo thứ tự ứu tiên dựa trên chính sách cho thuế nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ إن گھروں كے كئے صرف أس صورت میں بولی دے سے بین اگر ، مادر ایسانس باؤسٹک ایس اس آب كى ورخواست واجب اورز رغور پ ۔ بداو کرم ان میں سے کی گھرکو جے۔ بداو کرم ان میں سے کی گھرکو و بھتے کے لئے مت جاہیے 'کوظہ ہے ہمسائیوں کے لئے پر بیٹانی کا باعث ہو

ہم صرف اُن لوگوں سے رابطہ کر سکتے ۔ میں جن کوہم گھر کی پینیکش کرتے ہیں۔ پیپینیش کرا بیدواری کی پالیسی کی بنیاد يررجي الحاظ سے ك جاتى ب- ياليسى ک کا بی ہم سے اس نمبر پردا لیلے کے ۆرىيغ دستياب جوسىتى ہے ^{*} 020 7364 2826 يآپ است و يب ما نمث يرطا حظ كريكة وں ۔

website: www.towerhamlets.gov.uk

Support Charges apply to all Sheltered homes for the Over 60's. This will be covered by Supporting People Subsidy if you are entitled to Housing Benefit or other benefits. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet 'Support Charges in long term Supporting People Services'. This is also available on our

Further information on homes advertised is available at One Stop Shops & **Neighbourhood Housing Offices**

website www.towerhamlets.gov.uk.

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	Description
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards
C Life time Homes	Specifically designed to create an accessible and adaptable home
DEasy Access	Designed to be spacious with no steps to the property
E Step-free	General housing with no steps to the property
F General Housing	Does not meet requirements for other categories
GNot assessed	Property not yet had access survey

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on 020 7364 0204 / 0206 / 0209.



1. Internet Bidding Just log on to www.thhs.org.uk



2. Telephone Bidding Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local payas-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit

Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

- 1. applies to residents moving to 3 bedroom or larger social rented car free homes;
- 2. only one on-street resident parking permit per household is permitted;
- 3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
- 4. your on-street parking permit must be renewed and not lapse to remain eligible under the scheme;
- 5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and is not retrospective.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



EDITH RAMSAY HOUSE, DUCKETT

STREET, E1
Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Permit parking • Pets not permitted

Eligibility: Min Client Age 60

£171.67, Weekly - Social Rent Landlord: Gateway Housing Association

Property Ref: 31826



SHELTERE PEBBLE CENTRE, WARNER PLACE, E2

Flat • 1 Bed 2 Person • 1st floor • Separate with W/C • GCH • No garden • Residents parking scheme/permit parking • Pets not permitted

Eligibility: Min Client Age 55

£178.65, Weekly - Social Rent Landlord: OLD FORD HA

Property Ref: 31770



MANDELA HOUSE, VIRGINIA ROAD, E2

Flat • 1 Bed 2 Person • Ground Floor • Oper plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Permit parking • Pets not permitted

Eligibility: Min Client Age 60

£188.84, Weekly - Social Rent Landlord: Gateway Housing Association

Property Ref: 31761



TED ROBERTS HOUSE, PARMITER STREET, E2

STREE1, E2
Flat • 2 Bed 4 Person • Ground Floor •
Separate kitchen • One lift • Entryphone •
Bathroom with W/C • GCH • Shared garden
• Residents parking scheme,Permit parking
• Pets not permitted

Eligibility: Min Client Age 60

£198.21, Weekly - Social Rent Landlord: Gateway Housing Association

Property Ref: 31813



MOODY STREET, E1

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted • Rent increase pending April 2015

Eligibility: Min Client Age 50

£112.80, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 31762



BEDSIT SELF-CONTAINED FLAT BRIMSDOWN HOUSE, DEVAS STREET

E3
Flat • 0 Bed 1 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • Rent increase pending April 2015 • One week's advance rent required at sign up of tenancy

£105.10, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31773



LATHAM HOUSE, CHUDLEIGH

LATHAM HOUSE, CHUDLEIGH STREET, E1 Flat • 1 Bed 2 Person • 14th floor • Separa kitchen • Two lifts • Bathroom with W/C • Check heating on viewing • No garden • Permit parking • Pets permitted • Rent increase pending April 2015 • Concierge/

£112.38, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 31767



O'LEARY SQUARE, E1

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted • Rent increase pending April 2015 • Heating & hot water included in charges

£115.56, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 31827



BEDROOM COTTON APARTMENTS, KILLICK WAY

Flat • 1 Bed 2 Person • 3rd floor • New build
• Separate kitchen • No Lift • Entryphone •
Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted

£130.39, Weekly - Social Rent Landlord: East Thames Group

Property Ref: 31835



WODEHAM GARDENS, E1

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted

£124.97, Weekly - Social Rent Landlord: Tower Hamlets Community Housing

Property Ref: 31815



ALTON STREET, E14

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • Rent increase pending April 2015 • One week's advance rent required at sign up of tenancy

£135.63, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31834



OVERSTONE HOUSE, EAST INDIA DOCK ROAD, E14

DOCK ROAD, E14
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • Rent increase pending April 2015 • One week's advance rent required at sign up of tenancy

£122.15, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31833



SPEY STREET, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Permit parking • Pets with landlords permission • Rent increase pending April 2015 • One week's advance rent required at sign up of tenancy

£117.48, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31816



CHADBOURN STREET, E14

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • Rent increase pending April 2015 • One week's advance rent required at sign up of tenancy

£117.67, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31779



CORFIELD STREET, E2

Flat • 1 Bed 1 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted • Rent increase pending April 2015

£108.38, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 31765



1 BEDROOM

Accessible Category F
CHARLES DICKENS HOUSE,
MANSFORD STREET, E2
Flat • 1 Bed 2 Person • 12th floor • Separate
kitchen • Two lifts • Entryphone • Bathroom
with W/C • Electric storage heater • No
garden • Residents parking scheme • Pets
not permitted • Concierge • Heating & hot
water included in service charge

£151.77, Weekly - Social Rent Landlord: Tower Hamlets Community Housing

Property Ref: 31778



LALEHAM HOUSE, CAMLET STREET,

E2
Flat • 1 Bed 1 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted • Rent increase pending April 2015

£102.54, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 31763



DOURO STREET, E3

Flat • 1 Bed 2 Person • 3rd floor • Open plank kitchen • No Lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted • Juliet balcony

£123.78, Weekly - Social Rent Landlord: Gateway Housing Association

Property Ref: 31823



BEDR ALTON HOUSE, BROMLEY HIGH

STREET, E3
Flat • 1 Bed 2 Person • Ground Floor •
Separate kitchen • No Lift • Entryphone •
Bathroom with W/C • GCH • No garden •
Permit parking • Pets with landlords
permission • Rent increase pending April
2015 • One week's advance rent
required at sign up of tenancy

£121.95, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31824



BEDR

Accessible Category F
PATRICK CONNOLLY GARDENS,
TALWIN STREET, E3
Flat • 1 Bed 2 Person • 2nd floor • Separate
kitchen • No Lift • Entryphone • Bathroom
with W/C • GCH • No garden • Permit
parking • Pets with landlords permission •
Rent increase pending April 2015 • One
week's advance rent required at sign up of
tenancy

£119.58, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31832



HENSHALL POINT, BROMLEY HIGH

STREET, E3
Flat • 1 Bed 2 Person • 3rd floor • Separate Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission • Rent increase pending April 2015 • One week's advance rent required at sign up of tenancy

£126.09, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31825



DORRINGTON POINT, BROMLEY HIGH

DORRING TON POINT, BROWLETTING STREET, E3
Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • Rent increase pending April 2015 • One week's advance rent required at sign up of tenancy

£127.85, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31769



RAINHILL WAY, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • Rent increase pending April 2015 • One week's advance rent required at sign up of

£125.16, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31781



NEWMILL HOUSE, DEVAS STREET. E3

Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • Rent increase pending April 2015 • One week's advance rent required at sign up of tenance.

£120.03, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31774



BARBER COURT, VIOLET ROAD, E3

Flat • 1 Bed 2 Person • 1st floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

£133.80, Weekly - Social Rent Landlord: Peabody

Property Ref: 31785

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



I BEDROOM BARBER COURT, VIOLET ROAD, E3

Flat • 1 Bed 2 Person • 2nd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

£133.80, Weekly - Social Rent Landlord: Peabody

Property Ref: 31791



BARBER COURT, VIOLET ROAD, E3

Flat • 1 Bed 2 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

£134.18, Weekly - Social Rent Landlord: Peabody

Property Ref: 31802



CLEARBROOK WAY, E1

Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Permit parking • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy

£163.09, Weekly - Social Rent Landlord: Swan Housing Association

Property Ref: 31810



REDR CLOVELLY WAY, E1

Maisonette • 2 Bed 4 Person • 4th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy

£154.01, Weekly - Social Rent Landlord: Swan Housing Association

Property Ref: 31808



WINTERTON HOUSE, DEANCROSS

STREET, E1
Flat • 2 Bed 4 Person • 24th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • Electric radiators • No garden • Residents parking scheme • Pets not permitted • Children must be 10 years & over • Concierge

£150.75, Weekly - Social Rent Landlord: Tower Hamlets Community Housing

Property Ref: 31821



HERBERT HOUSE, OLD CASTLE

HERBER I HOUSE, OLD CASTLE STREET, E1 Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme / Permit parking / Property is in congestion zone • Pets not permitted

£129.38, Weekly - Social Rent Landlord: EastendHomes

Property Ref: 31771



Accessible Category F
PEABODY BUILDINGS BLOCK L, JOHN
FISHER STREET, E1
Flat • 2 Bed 4 Person • 3rd floor • Separate
kitchen • No Lift • Entryphone • Bathroom
with W/C • GCH • No garden • Permit
parking • Pets not permitted • Fixed Term.
This is a fixed term tenancy of 5 years •
One week's advance rent required at sign
up of tenancy up of tenancy

£137.12, Weekly - Social Rent Landlord: Peabody

Property Ref: 31817



BETTS HOUSE, BETTS STREET, E1

Flat • 2 Bed 3 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme,Permit parking • Pets with landlords permission

£129.10, Weekly - Social Rent Landlord: EastendHomes

Property Ref: 31760



CONSTANT HOUSE, HARROW LANE,

E 14
Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted

£136.52, Weekly - Social Rent Landlord: Gateway Housing Association

Property Ref: 31812



Accessible Category F
ALICE SHEPHERD HOUSE,
MANCHESTER ROAD, E14
Maisonette • 2 Bed 4 Person • 8th floor •
Separate kitchen • Two lifts • Separate
Bathroom and W/C • GCH • No garden •
Permit parking • Pets not permitted •
Fixed Term. This is a fixed term tenancy
of 2-5 years except for those currently
holding a Secure or Assured social
housing tenancy

£163.49, Weekly - Social Rent Landlord: One Housing Group

Property Ref: 31777



ACCESSIDE CATEGORY F
ARBORFIELD HOUSE, EAST INDIA
DOCK ROAD, E14
Flat • 2 Bed 4 Person • Ground Floor •
Separate kitchen • No Lift • Entryphone •
Separate Bathroom and W/C • GCH •
Private garden • Permit parking • Pets
permitted • Rent increase pending April
2015

£118.15, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 31838



NEUTRON TOWER, BLACKWALL WAY

E14
Flat • 2 Bed 4 Person • 7th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy • Heating & hot water included in charges

£220.93, Weekly - Social Rent Landlord: Genesis Housing Association

Property Ref: 31783



GORDON HOUSE, GLAMIS ROAD, E1W

Maisonette • 2 Bed 4 Person • 15th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission

£142.45, Weekly - Social Rent Landlord: EastendHomes

Property Ref: 31828



STOCKTON HOUSE, ELLSWORTH

STOCKTON HOUSE, ELLSWORTH
STREET, E2
Flat • 2 Bed 4 Person • Ground Floor •
Separate kitchen • No Lift • Entryphone •
Separate Bathroom and W/C • GCH • No
garden • Permit parking • Pets permitted •
Rent increase pending April 2015

£117.66, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 31818



HUTTON HOUSE, TURIN STREET, E2

Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted • Rent increase pending April 2015

£121.72, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 31776



GEORGE LOVELESS HOUSE, DISS

STREET, E2
Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • Two lifts • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted • Rent increase pending April 2015

£125.77, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 31822



MAITLAND HOUSE, BISHOPS WAY, E2

Flat • 2 Bed 3 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted • Rent increase pending April 2015

£124.02, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 31809



RUDSTONE HOUSE, BROMLEY HIGH

RUDS LONE FIGGEL, E...

STREET, E3
Flat • 2 Bed 4 Person • Ground Floor •
Separate kitchen • One lift • Entryphone •
Wet room (walk in shower) - no bath •
GCH • No garden • Permit parking • Pets
with landlords permission • Rent increase
pending April 2015 • One week's advance
rent required at sign up of tenancy

£134.10, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31830



BEDRO BAKER HOUSE, BROMLEY HIGH

STREET, E3
Flat • 2 Bed 4 Person • Ground Floor •
Separate kitchen • No Lift • Entryphone •
Bathroom with W/C • GCH • No garden •
Permit parking • Pets with landlords
permission • Rent increase pending April
2015 • One week's advance rent
required at sign up of tenancy

£133.91, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31829



BEDROOM BARBER COURT, VIOLET ROAD, E3

Flat • 2 Bed 4 Person • 1st floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

£163.30, Weekly - Social Rent Landlord: Peabody

Property Ref: 31786



BARBER COURT, VIOLET ROAD, E3

Flat • 2 Bed 4 Person • 2nd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required years • One week's a at sign up of tenancy

£163.30, Weekly - Social Rent Landlord: Peabody

Property Ref: 31792



BARBER COURT, VIOLET ROAD, E3

Flat • 2 Bed 4 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

£164.55, Weekly - Social Rent Landlord: Peabody

Property Ref: 31803



BARBER COURT, VIOLET ROAD, E3

Flat • 2 Bed 3 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Patio/Terrace • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

£153.18, Weekly - Social Rent Landlord: Peabody

Property Ref: 31804



GAYTON HOUSE, CHILTERN ROAD, E3

Maisonette • 2 Bed 4 Person • 11th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission • Rent increase pending April 2015 • One week's advance rent required at sign up of tenancy

£141.64, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31764



HAWKE HOUSE, ERNEST STREET, E1

Flat • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted • Rent increase pending April 2015

Eligibility: Transfer List

£130.70, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 31768

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



3 BEDROOMS Accessible Category F BISCOTT HOUSE, DEVAS STREET, E3

Flat • 3 Bed 6 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission • Rent increase pending April 2015 • One week's advance rent required at sign up of tenancy

£161.78, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31819



3 BEDROOMS Accessible Category C BARBER COURT, VIOLET ROAD, E3

Flat • 3 Bed 4 Person • 1st floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

£179.45, Weekly - Social Rent Landlord: Peabody

Property Ref: 31787



3 BEDROOMS
Accessible Category C
BARBER COURT, VIOLET ROAD, E3

Flat • 3 Bed 5 Person • 1st floor • New build • Open plan kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

Advert represents 2 properties £181.32, Weekly - Social Rent Landlord: Peabody

Property Ref: 31788



3 BEDROOMS Accessible Category C BARBER COURT, VIOLET ROAD, E3

Flat • 3 Bed 4 Person • 2nd floor • New build • Open plan kitchen • One lift • Bathroom with W/C • GCH • Balcony • Entryphone • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

£179.45, Weekly - Social Rent Landlord: Peabody

Property Ref: 31793



3 BEDROOMS
Accessible Category C
BARBER COURT, VIOLET ROAD, E3

Flat • 3 Bed 5 Person • 2nd floor • New build • Open plan kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

Advert represents 2 properties £181.32, Weekly - Social Rent Landlord: Peabody

Property Ref: 31794



3 BEDROOMS
Accessible Category C
BARBER COURT, VIOLET ROAD, E3

Flat • 3 Bed 4 Person • 3rd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

£179.36, Weekly - Social Rent Landlord: Peabody

Property Ref: 31798



3 BEDROOMS Accessible Category C BARBER COURT, VIOLET ROAD, E3

Flat • 3 Bed 5 Person • 3rd floor • New build • Open plan kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

Advert represents 2 properties £181.32, Weekly - Social Rent Landlord: Peabody

Property Ref: 31799



3 BEDROOMS Accessible Category I KNAPP ROAD, E3

Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Permit parking • Pets with landlords permission • Rent increase pending April 2015 • One week's advance rent required at sign up of tenancy

£152.59, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 31782



Accessible Category C
OLD CASTLE STREET, E1

Maisonette • 4 Bed 7 Person • Ground Floo • New build • Separate kitchen • No Lift • Bathroom with W/C and Additional W/C • GCH • Private garden • Car free home / Property is in congestion zone • Pets not permitted • Electric cooking • Service charge to be advised

£163.97, Weekly - Social Rent Landlord: EastendHomes

Property Ref: 31836



4 BEDROOMS
Accessible Category C
OLD CASTLE STREET, E1

Maisonette • 4 Bed 7 Person • Ground Floor • New build • Separate kitchen • No Lift • Bathroom with W/C and Additional W/C • GCH • Private garden • Car free home / Property is in congestion zone • Pets not permitted • Electric cooking • Service charge to be advised

£163.97, Weekly - Social Rent Landlord: EastendHomes

Property Ref: 31837



4 BEDROOMS
Accessible Category F
CLEEVE HOUSE, CALVERT AVENUE,

Flat • 4 Bed 8 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted • Rent increase pending April 2015

£158.01, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 31775



| 4 BEDROOMS | Accessible Category C | BARBER COURT, VIOLET ROAD, E3

Flat • 4 Bed 6 Person • 1st floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Permit parking • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

£191.87, Weekly - Social Rent Landlord: Peabody

Property Ref: 31790



Accessible Category C
BARBER COURT, VIOLET ROAD, E3

Flat • 4 Bed 6 Person • 2nd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

£191.87, Weekly - Social Rent Landlord: Peabody

Property Ref: 31796



Accessible Category C
BARBER COURT, VIOLET ROAD, E3

Flat • 4 Bed 6 Person • 3rd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

Advert represents 2 properties £191.87, Weekly - Social Rent Landlord: Peabody

Property Ref: 31797



4 BEDROOMS
Accessible Category C
BARBER COURT, VIOLET ROAD, E3

Flat • 4 Bed 6 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Patio/Terrace • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy

£191.87, Weekly - Social Rent Landlord: Peabody

Property Ref: 31807

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life. Please note the rent level and length of tenancy offered on the following homes. You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



AFFORDABLE RENT Accessible Category F BURGESS STREET, E14

Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Life Time • Access to roof terrace

£177.69, Weekly - Affordable Rent Landlord: Gateway Housing Association

Property Ref: 31820



AFFORDABLE RENT Accessible Category G JAMUNA CLOSE, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£155.77, Weekly - Affordable Rent Landlord: Circle 33 HA

Property Ref: 31831



ACCESSIBLE CATEGORY G
WATERSIDE CLOSE, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£180.50, Weekly - Affordable Rent Landlord: OLD FORD HA

Property Ref: 31772



AFFORDABLE RENT Accessible Category F MCCULLUM ROAD, E3

Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£194.87, Weekly - Affordable Rent Landlord: OLD FORD HA

Property Ref: 31780

Reminder

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes.

This causes a nuisance and may distress some individuals.



OPEN DAY

Saturday 21st March 2015

at Tarling East Community Centre

The themes for the day are...

- How to improve prospects of being Bid Smart rehoused by smarter bidding
- Housing options for moving out of the borough
- Mutual Exchanges
- Money Management

We will have dedicated teams available to help you on the day.







PROVIDENCE ROW

Circle 33

The



www.primelandproperty.co.uk

020 7377 5445

124 Whitechapel Road, London E1 1JE





Matchbox Day Nursery

1 - 2 Butler House, Burdett Road, E14 7AB Tel: 020 7987 6296

Has vacancy for

Full Time Childcare Practitioner

Shift based hours Monday - Friday Week 1: 07:45 - 16:00 • Week 2: 10:00 - 18:15 Minimum Level 3 Childcare Qualification Minimum of 2 years experience

Salary £20,547.00

For an application pack please contact garyarrowsmith@matchboxnursery.co.uk

Closing Date: 27th March 2015

xempt from the

Nursery Ltd is

This position is rovision of the

Play Worker/ Carer required

To assist with respite and play within the home and community

£10 per hour for 5 hours a week. Working times to be agreed.

We are looking for a fun, enthusiastic and caring person who has the skills to engage a fun loving 11 year old boy with Autism in a range of exciting activities and games. The ideal candidate will be responsible, reliable and punctual in addition to being engaging, fun, kind and caring. Post situated in the Bethnal Green area.

For further information or an application pack, please contact: Dolores Evans, Real, Jack Dash House, 2 Lawn House Close, London E14 9YQ or please e-mail recruitmentkkm@gmail.com

Closing date: 10th March 2015

Smart Training

Boost your employment chances with a training course

Aged 16-24 and looking to get started in a career? Then study free of charge* for the Traineeship Programme with Smart Training.

- Study for a Certificate in Work Skills
- Complete a high quality work placement
- Get tuition in English and Maths
- Improve your CV writing and interview skills.

Training is weekly in East London and you can keep any benefits you're entitled to.

*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years to be eligible.

Traineeships

Interested? Apply now – text SMART to 80800 email start@smart-training.com, phone 0845 177 0695 or see www.smart-training.com/jobsandadvice

To advertise in East End Life, call Chris on 7364 4994 Terri on 7364 4682





£43,620 - £46,359

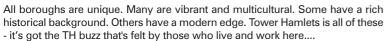
£32,157 - £41,811

£32,157 - £32,157

£31,323 - £32,964

(pro rata)

Career Opportunities









Senior Lawyer - Enforcement & Litigation (Criminal)

Law, Probity & Governance Directorate Ref: LPG00058 | Closing date: 15.03.15

Social Workers - Family Support & Protection (x7)

Education, Social Care and Wellbeing Directorate Ref: ESW00443 | Closing date: 22.03.15

THAMES Project Manager

Education, Social Care and Wellbeing Directorate Ref: ESW00447 | Closing date: 08.03.15

DRR Assessors

Communities, Localities and Culture Directorate Ref: CLC00663 | Casual hours Closing date: 08.03.15

Head of Strings

Education, Social Care and Wellbeing Directorate Ref: ESW00456 | Casual Hours Closing date: 08.03.15

£21.38 - £29.49 (hourly rate)

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website. www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.











PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC - BRICK LANE **JUNCTION FOURNIER** STREET E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made an Order. which will prohibit vehicular traffic from entering, stopping or proceeding in:

- Brick Lane, approximately 20 metres, north, from its junction with Fournier Street:
- Fournier Street, approximately 20 metres, west, from its junction with Brick Lane.

The restrictions on vehicular traffic will enable essential works to be carried out on the public highway by Road Traffic Solutions.

The alternative routes for vehicular traffic will be via Brick Lane, Chicksand Street, Greatorex Street, Hanbury Street, Spelman Street and Princelet Street or Fournier Street. Commercial Street. Hanbury Street. Wilkes Street, Princelet Street and

Throughout the duration of the works, and at times when the "one way" and "no entry" traffic signs are covered, the existing one way working in:

a) Fournier Street between its

iunction with Brick Lane and its junction with Wilkes Street will be temporarily suspended;

Public notices

b) Brick Lane between its junction with Heneage Street and its junction with Princelet Street will be temporarily suspended.

The restriction on vehicular traffic will operate on the following three weekends:

- a) Sunday 8th March 2015 from 10:00 hours to 18:00 hours;
- b) Sunday 15th March 2015 from 10:00 hours to 18:00 hours;
- c) Sunday 22nd March 2015 from 10:00 hours to 18:00 hours.

This is when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the traffic restriction to David Pryce, Network Coordinator, Transport and Highways on 020 7364 6898 or email david.pryce@tower hamlets.gov.uk

Dated: 2nd March 2015

JAMIE BLAKE **SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG**

PUBLIC NOTICE

LONDON BOROUGH OF **TOWER HAMLETS**

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

Hermitage Primary School

Email: admin@hermitage.towerhamlets.sch.uk

Vaughan Way, London E1W 2PT

Inspirational Teaching Assistants

for KS 1 and 2

Full time/permanent

Starting in April 2015

Are you looking for a job that is challenging, interesting

and makes a real difference to the lives of children?

Hermitage is a school that puts the needs of the children

at the heart of everything it does, through an

inspirational curriculum. We are looking for creative and

dedicated teaching assistants who share this passion and

will work as part of a team towards achieving the highest

We are a small, friendly, modern school where everyone

enjoys learning. We are situated in the historic and

peaceful riverside location of Wapping, with good travel

We look forward to welcoming applicants who would

Closing date: Noon Tuesday 17th March

Interviews: Friday 20th March

Please email applications to:

admin@hermitage.towerhamlets.sch.uk

Hermitage is committed to safeguarding and promoting the

welfare of children and young people and expects all staff and volunteers to share this commitment. This role requires an

enhanced criminal record disclosure We welcome applications from all sections of the community.

possible standards for our pupils.

links via the DLR, Underground and bus.

like to find out more about us, and the jobs.

Tel: 020 7702 1037

NOTICE IS GIVEN THAT Greenwich+Docklands Festivals has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003 for the following premises: Bethnal Green Gardens. Bethnal Green, London, E2 OHI.

The licensable activities and timings are: An outdoor performance featuring plays, films, live music, recorded music and dance on Saturday 27 June 2015, 21.00 -

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London E14 2BG. Website: www.towerhamlets.gov.uk. Tel: 020 7364 5008

Representations must be received no later than 26/03/2015

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000).

PLANNING (LISTED BUILDINGS AND **CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73**

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Leyton House, 22 Calvert Avenue, London

PA/15/277/KHA

Refurbishment of existing front facade, installation of front new glazing and glazing frames and door to new front entrance and adjacent window. Installation of new cafe are to ground floor gallery area.

Leyton House, 22 Calvert Avenue, London

PA/15/278/KHA

Installation of individual lettering projecting signage and logo to be applied to retractable awning

29-32 Ford Square, London, E1 2HS

PA/15/307/ADW

Erection of single storey rooftop pavilion extension at third floor level to create 2 x 2 bed (3 person) dwellings

Land Behind Caledonia House, 64 Salmons Lane, London, E14 7PN

PA/15/305/LAB

Construction of an artificial nesting bank for kingfishers

3, Trinity Green, Mile End Road, London, E1 4TS

PA/15/265/JTH

Refurbishment works consisting of the removal of 1950's partition wall and staircase. Installation of a new single flight staircase from the ground floor to basement in the original plan position. Installation of gas central heating boiler and flue and two radiators.

55 Commercial Street, London, E1 6BD

PA/15/281/LYM

Retrospective Planning application for new shopfront to an A1 use, retail unit.

Flat 62, 8 New Crane Place, London, E1W 3TX

PA/15/143/SHA

Renewal of window destroyed by fire.

192 Cable Street, London, E1 0BL

PA/15/222 & 223/JTH

Internal remodelling project to accommodate a change of use from single dwelling to HMO. Rooms to be provided for international university students studying within London.

37 Burdett Road, London, E3 4TN

Erection of fan extracting flue.

PA/15/086/BMC

629-631 Roman Road, London, E3 2RN

PA/15/237/BMC

Residential development of 7 apartments with change of use of first floor and part of ground floor from Use Class A1 (Shops) to Use Class C3 (Housing), extension of first floor, erection of two additional floors and alterations to ground and first

Rochelle School, Arnold Circus, London, E2 7ES

PA/15/192/AHU

Alterations to listed building associated with omission of new two-storey rear extension (approved under PA/12/02317)

3-9 West India Dock Road, London, E14 8EZ

PA/15/195/KFL

Conversion of the 8 bedroom HMO at 7A West India Dock Road London E14 8EZ to form 3 x studio flats and 2 x 3 bedroom penthouse flats in the roof mansard at 3-9 West India Dock Road London E14 8EZ

Footway adjacent to 69-89 Mile End Road, Mile PA/15/201/EBW End Road, London

Relocation of a Barclays Cycle Hire inset foundation docking station, containing a maximum of 36 docking points for scheme cycles plus a terminal on the footway adjacent to 69-89 Mile End Road, E3 in association with the Cycle Superhighway 2 Upgrade works commencing in early 2015.

191 Mile End Road, London, E1 4AA

PA/15/211/PLA

Erection of a second and third floor extension to provide four flats consisting of 2 x one-bed and 2 x two-bed.

2A Garner Street, London, E2 9AQ

PA/15/149/JTH

Addition of 4th Storey to existing 3 storey house and flat incorporating new self contained flat. Replacement of some windows

Flat 5C, St Johns Wharf, 104-106 Wapping High

PA/14/3572/SHA

Street, London, E1W 2PR

Proposed installation of 2 no A/C condensers on upper roof, to serve flat 5

Cycle Docking Station and Terminal on footway adjacent to Stepney Green London Underground Station, 171 Mile End Road, London, E1

PA/15/194/EBW

Relocation of a Barclays Cycle Hire docking station, containing a maximum of 21 docking points for scheme cycles plus a terminal on the footway adjacent to Stepney Green London Underground Station, in association with the Cycle Superhighway 2 Upgrade works commencing early 2015.

30A East India Dock Road, London, E14 6JJ

PA/15/107/SAE Erection of a single storey rear extension on the lower ground floor

Tower Of London, Tower Hill, London, EC3N 4AB PA/15/172/AHU

The proposed permanent works to the foreshore follow from the emergency works completed in March 2014 and involve: 1. Protect exposed archaeology with sand bags and geotextile 2. Build steel sheet pile retaining wall 3. Relocate Kyowa units to toe of new structure and place coarse rock CP63/180 riverside of the sheet pile wall 4. Place geotextile filter on the foreshore and rock fill grade CP63/180 with cover layer of crushed rock 20-40mm diameter.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

53 Ellesmere Road, London, E3 5QU

PA/15/270/JTH

Ground floor side infill extension with rear extension for enlarging kitchen.

93 Cadogan Terrace, London, E9 5HP

PA/15/232/IOL

Four storey rear extension.

5 Arbour Square, London, E1 0SH

PA/15/298 & 330/LAB

Reintroduce fanlight over the front door to match neighbouring properties, add vent grill to the front of the property, move soil vent pipe to the outside of the external wall to the back of the house.

- · Minor alterations including:
- Reintroducing a fanlight over the front door to match neighbouring properties,
- · Adding a vent grill to the front of the property
- •Moving a soil vent pipe to the outside of the external wall to the back of the
- · Removal of internal wall
- Removal of internal chimney breast.
- Infilling of door
- · Redundant pipework removed
- New kitchen fitout
- · Radiators relocated

342 Old Ford Road, London, E3 5TA

PA/15/193/JTH

Loft conversion with 2no. conservation roof light windows to front elevation and small dormer window to rear elevation

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

10, Trinity Green, Mile End Road, London, E1 4TS

PA/15/263/JTH

Internal alterations to tank lower ground floor and reinforce loft for use as storage including means of access; kitchen and bathroom refurbishment.

Dated: 2nd March 2015

OWEN WHALLEY

Head of Planning and Building Control



To place your public notice in East End Life, call...

Chris on 7364 4994 <mark>Sharan on 7364 406</mark>1 atima on 7364 4623 Terri on 7364 4682 Notice Of Application For Planning Permission

Notice Of Application For Planning Permission Under Article 13 Of The Town and Country Planning (Development Management Procedure) (England) Order 2010 The Town And Country Planning Act 1990 (As Amended)

Date of notice: 02-Mar-2015

In accordance with the above act and related legislation, notice is hereby given that the application forms, plans and other documents submitted in relation to the proposal noted below may be examined at the London Legacy Development Corporation reception Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. The reception is open from 09:00 - 17:00 Monday to Friday by appointment only telephone number 020 3288 8820. The above documents are also available to download from the Planning Register on the Planning Policy and Decisions Team website http://planningregister.londonlegacy.co.uk. Anyone who wishes to make comments about the application should write to the address below quoting the relevant Application Reference Number: Director of Planning Policy and Decisions Team, London Legacy Development Corporation, Level 10, 1 Stratford Place, Montfitchet Road, London E20 1EJ. Alternatively comments can be made by email to: planningenquiries@londonlegacy.co.uk Comments should be submitted within 21 days of the date of this notice and should be received by 22-Mar-2015 Application Reference No: 14/00374/FUL Application Site: 1 Smeed Road and 79-85 Monier Road, London, E3 2PS Description of Proposal: Application for full planning permission for mixed use redevelopment comprising: demolition of existing buildings and structures and erection of a part four (4), part five (5), part six (6) and part seven (7) storeys above ground level with a maximum parapet height of 30.7m AOD to provide: 124 residential units (Use Class C3), 260sq of Class A1/B1 floorspace; 1,700 of Class B1 floorspace; together with car parking; cycle parking; refuse and recycling facilities; and landscaping. Applicant's name: City & Suburban Homes Ltd Dated: 02-Mar-2015; Authorised by: Anthony Hollingsworth On Behalf of: London Legacy Development Corporation, Planning Policy and Decisions Team.

Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY BANNED TURNS AND PROHIBITION OF TRAFFIC – ALIE STREET

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, proposes to make an Order, which will prohibit vehicular traffic from entering into Alie Street for a distance of approximately 20 metres from its junction with Mansell Street:

The restriction on vehicular traffic is to enable essential works to be carried out on the public highway by Baldwins Crane Hire Lim-

The alternative routes for vehicular traffic will be via Mansell Street, Whitechapel High Street, Leman Street and Alie Street (westbound).

Throughout the duration of works, and at times when the "No Entry" and "One Way" traffic signs are covered, the existing one-way working in Alie Street between its junction with Mansell Street and

its junction with Leman Street will be temporarily suspended.

The restriction on vehicular traffic will operate on Sunday 22nd March 2015 and at times when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002.

If you have any queries regarding the traffic restrictions, please do not hesitate to contact Mick Jameson, Network Coordinator, Network Management Team, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerha mlets.gov.uk

Dated: 2nd March 2015

JAMIE BLAKE SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

NOTICE OF APPLICATION FOR PREMISES TO BE AP-PROVED AS A VENUE FOR MARRIAGES UNDER SEC-TION 26(1)(bb) OF THE MARRIAGE ACT 1949 AND CIVIL PARTNERSHIPS UN-DER SECTION 6(3A)(a) OF THE CIVIL PARTNERSHIP ACT 2004

We Hilton Worldwide Limited being the proprietor of the Hilton Canary Wharf, South Quay, Marsh Wall, London, E14 9SH (the premises) give notice that we have applied to the Proper Officer of London Borough of Tower Hamlets for approval under the above Act as premises where civil ceremonies may take place.

Any person wishing to inspect the application and plans of the premises may do so at The Register Office, Bromley Public Hall, Bow Road, London, E3 3AA. Monday, Tuesday, Thursday and Friday 9.30am – 12.30pm and 1.30pm – 4.00pm. Wednesday 9.30am – 11.30am and 2.00pm – 4.00pm.

Any person wishing to object to the grant of approval may do so in writing, with reasons for the objection, within twenty-one days of the date of publication of the notice. Objections should be sent to the Proper Officer at the above address

Bond Dickinson LLP, Solicitors for and on behalf of Applicant

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC - RATCLIFFE CROSS STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough

of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway outside nos. 8 – 12 Ratcliffe Cross Street between its junction with Commercial Road and its junction with Cable Street.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Commhoist Limited.

The alternative route for vehicular traffic will be via Commercial Road, Caroline Street and Cable Street.

The restriction on vehicular traffic will operate on the following week-days and at times when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002:

a) Wednesday 25th March 2015 from 08:00 hours until 18:00 hours:

b) Wednesday 1st April 2015 from 08:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Network Management Team, Transport and Highways on 020 7364 6717 or email, mick.jameson @towerhamlets.gov.uk

Dated: 2nd March 2015

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION
OF TRAFFIC - DELTA
STREET E2

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in Delta Street at its junction with Gossett Street.

The restriction on vehicular traffic will enable essential mains repair works to be carried out on the public highway by Cappagh Browne on behalf of Thames Water.

The alternative route for vehicular traffic will be via Gosset Street, Wellington Row and Delta Street and vice versa or Wellington Row, Barnet Grove and Gosset Street.

The restriction on vehicular traffic will operate from Tuesday 24th March 2015 to Thursday 26th March 2015 and at times when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and

General Directions 2002.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Transport and Highways on 020 7364 6898 or email, david. pryce@towerhamlets.gov.uk

Dated: 2nd March 2015

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – WICK LANE E3

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Wick Lane between its junction with Maverton Road and its junction with Riverside Wharf.

The restriction on vehicular traffic will enable the essential anti-skid and resurfacing works to be carried out on the public highway by LBTH.

The alternative routes for vehicular traffic will be via the A12 East Coast Route (northbound), East Cross Route slip road, Wick Road, Cadogan Terrace (southbound) and Wick Lane or A12 East Cross Route (southbound), Bow Road Roundabout, Bow Road, Mile End Road (westbound), U-turn into Mile End Road (eastbound) at its junction with Burdett Road. Bow Road (eastbound) and Fairfield Road. For local vehicular traffic access it will be via Wick Lane, Jodrell Road, Parnell Road and Tredegar Road and vice versa.

The restriction on vehicular traffic will operate on Sunday 8th March 2015 from 08:30 hours until 18:00 hours when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Moira Underwood, Engineering Construction, Improvement Works Group, Transport and Highways on 020 7364 6529 or email, moira.und erwood@towerhamlets.gov.uk

Dated: 2nd March 2015

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Land At 160 To 166, Chrisp Street, London

DA/15/30/SRI

Demolition of existing buildings and redevelopment to provide three new buildings ranging from three to thirteen storeys in height comprising 273 residential units (comprising 95 x 1 bed; 118 x 2 bed; 55 x 3 bed& 5 x 4 bed), 20 car parking spaces and 358 cycle spaces; associated amenity and child playspace.

1-3 Turnberry Quay and 1-5 Lanark Square, Crossharbour, London, E14

PA/15/26/TIR

Minor material amendment through the variation of condition 2 (approved plans) of planning permission Ref: PA/12/02923 dated 4th September 2013, relating to amendments to the ground floor and basements arrangements of the approved scheme.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 2nd March 2015

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL



Someone to look up to

"I want to be a positive role model for young Muslim women – and for young women in general."

RUOSANA BEGUM



An irresistible force of nature

"Ruqsana has had to deal with a lot – culturally, being female and being so light – but she is an unstoppable bundle of explosive energy and is so dedicated. That's what it takes to get to the top."

COACH BILL JUDD

Sport

From rebel to role model

Ruqsana Begum wants to use her world title bid as a platform to inspire other women, but for years she kept her kickboxing a secret, as **Peter** Faulkner reports. Photos by Kois Miah

FOR four years European Muay Thai champion Ruqsana Begum's parents were unaware their daughter was getting her kicks in the ring.

In 2002, while living in Tapp Street, Stepney and attending the nearby Stewart Headlam Primary School, she signed up for a kickboxing course as a hobby, the first step on a long road to British and continental glory – and her upcoming shot at a world title.

Ruqsana pretended she was playing badminton, or something similarly gentle, while developing her skills in what the sport she describes as the most brutal Above right: in the world.

When she decided the time had come to **break from** tell her parents about her passion, she took them to her then base, the KO Gym in Bethnal Green, and showed them what she had been doing.

She also introduced them to her coach,

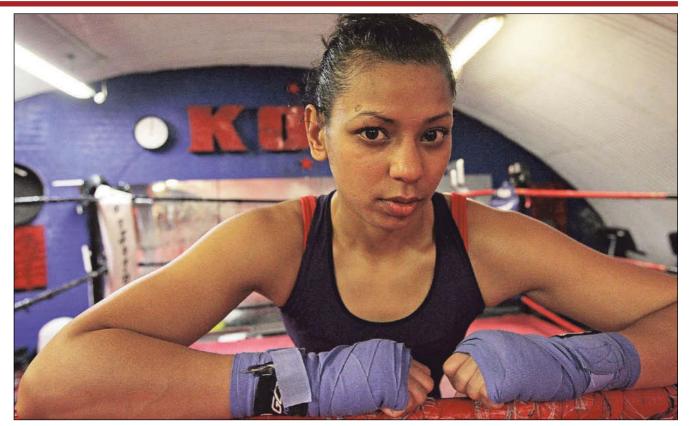
training

Right & below: sparring with



Claire Kirkwood





Bill Judd, who reassured them she was doing nothing disrespectful.

"I finally plucked up the courage to tell them about my training, so they knew where I was and what I was doing. I respect my family very much, and they support me," says Ruqsana.

"I don't think they were totally happy, but they allowed me to carry on and although they might have preferred me to take up a less dangerous sport, they are very supportive."

Her single mindedness will hopefully pay off on March 14 when she fights for the world 50kg atomweight title against 2014 European champion Ludivine Lasnier of France, at Earls Court.

Rugsana is already an inspiration to many, but she believes winning a world title can only add to that.

"The sport is my passion," says Ruqsana, now a part-time science technician at Swanlea School, Whitechapel.

"I want to give something back to the community and be a positive role model for young Muslim women - and for young women in general.

"I want to show people that I respect my tradition – I care about young people and my family are everything to me.

"But I want to deliver the message to all young women that obstacles in life are not made of stone and can be overcome.

"Initially there was some negativity – friends and some in the community wondered why I was doing it when you can get a broken nose and other injuries, but once I became a champion, everyone was

Bill Judd, a former world champion and pioneer of the Muay Thai sport in the UK, the ring and admits: "I am the least likely you are inspiring."



coaches Ruqsana at the KO Gym and speaks of her in glowing terms.

He says: "There's an old saying that you shouldn't be judged on what you achieve in life, but instead on the obstacles you overcome to achieve what you have.

"Rugsana has had to deal with a lot – culturally, being female and being so light - but she is an unstoppable bundle of explosive energy and is so dedicated. That's what it takes to get to the top."

Ruqsana is driven by success and says if she had to give up the sport without winning a world title she would feel she has been a failure.

She stands just 5ft 2ins tall and weighs just under 50kg, but becomes a giant in person to take up the most brutal sport in the world, but my religion gives me

"Like Muhammad Ali I put my trust in God. That's what I will be doing on March 14."

In 2006, Ruqsana graduated with a degree in architecture from the University of Westminster. She was a trainee architect but was made redundant.

So in 2008 she started fighting professionally and a year later won a bronze medal at the World Amateur Kickboxing Championship in Bangkok.

A year later, in her first final, Ruqsana defeated Paige Farrington to win the British Muay Thai atomweight title and, in 2011, won a gold medal at the European Club Cup.

In September 2012, she was made British Muay Thai team captain and won bronze at the International Federation of Muaythai Amateur World Championships in St Petersburg, Russia where she defeated European champion Chyslova Liudmila.

On top of her commitments in the ring, Ruqsana is a personal trainer and instructor, a coach for the Fight for Peace charity and an ambassador for the Sporting Equals charity.

She was also shortlisted for the Sportswoman of the Year award by the Muslim Women in Sport Foundation, was named in the British Bangladeshi Power 100 for her work in education, culture and sports, and last year was awarded Sports Personality of the Year at the Asian Achievers Awards.

When she steps into the ring on March 14, Ruqsana Begum will take these words with her: "Be strong, you never know who

2 - 8 MARCH 2015



Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres, go to your local centre or visit.

WWW.GLL.ORG

Do you have a sports club you

Tell the East End

would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport

Wapping go top again

WAPPING Hockey Club's men made the long journey to Dereham to face a side they had never beaten away from home.

But this is a different Wapping and James Fanger opened the scoring after two minutes, finishing off a rebound after Phil Messent hit the crossbar.

Felix Styles doubled the lead with a clinical short corner and Grant Aidoo-Nash finished off a brilliant move.

The 3-0 scoreline should have ended the contest, but one minute before half-time Dereham pulled a goal back.

Five minutes into a scrappy second half Dereham scored again, from which point Wapping became edgy.

To their credit, they saw out the final ten minutes, pinning Dereham in their defensive third, to climb back to the top of the table.

With four games left in the season, only two points separate the top four.

Final shootout

WAPPING claimed second spot in a mixed hockey charity tournament held at the Olympic hockey pitch at Lee Valley, losing to local rivals Waltham Forest in a sudden-death shootout.

Wapping co-hosted the tournament in aid of injured veterans, with players from around the country making up the two heroes squads.

Wapping won two successive



Wapping ladies 6ths, pictured, beat Upminster 4ths 3-1 with two goals from Emily James and one from Bea Dyer

of the two Hockey Heroes teams and East London, both ending with a 1-0 victory, to see them through to the final.

An early goal by Michael went to penalty flicks. Bolle put Wapping 1-0 ahead in the rain-soaked final.

A bad tackle by D'Souza in group-stage games against one Wapping's own circle led to a took their toll.

Waltham Forest flick that was converted by the centre forward. With the score at the final whistle at 1-1, the game

Wapping put in a strong start with keeper Joe Trickett making a number of saves, but nerves

East London Hockey Club round-up

East London ladies 1st. 2 Gore Court. 1

THIS rearranged fixture was messy and scrappy, but East London went one-up through a well-worked team counter attack.

Vice-captain Emily Menzies beat the keeper and finished with a reverse stick strike.

on it, though it took a fortunate deflection from a defender.

Tempers became frayed as the game went on and green cards were shown to a player from each side – Grace Lant the culprit

for East. But Rebecca Sobel, Alice Taylor and mances as the hosts held on.

West Herts 2nd, 2 East London men 1st. 5

COMING off the back of two good wins, East London set off for second placed West Herts, in a game rearranged from January.

After a cagey first five minutes East found The second goal also had Menzies' name their rhythm, and went one up thanks to a short corner struck by Sam Boddington.

The home side then went to pieces, and Boddington added a second a few minutes later, quickly followed by goals from Henry Emery and Mitchel Nicholson.

As the first half drew to a close East Alexa Kearns all put in excellent perfor- London were awarded a penalty stroke, which they charitably launched over the crossbar

> But soon after, Boddington competed his hat-trick to put the visitors five up at the

Trying to keep a clean sheet was, perhaps, too negative and two goals from the home side made East London sweat a little.

But they held on to win by a comfortable margin, leapfrogging two teams into third place on goal difference, one point below West Herts.

With four games to play, this will be a tough run-in and a close call.

Athletics

Basketball

PAUL Martelletti of Victoria Park Harriers and Tower Hamlets AC won the Brighton Half-Marathon for the third year in a row – setting a course record in 65min 48secs.

THE University of East London men's basketball team clinched

the British Universities and Colleges Premier League with a game to go thanks to a 100-65 win over second-placed Brunel.

Karate

DOCKLANDS Shoujin Karate Club won nine titles at the UK National karate championships.

The team also took seven silver and seven bronze medals.

LONDON BOROUGH OF TOWER HAMLETS

The Tower Hamlets (Personalised Disable Parking Places) (No.1) Order 2010 (Amendment No.2) Order 2015 No.16

The Tower Hamlets (C4 Parking Places) (No.1) Order 2011 (Amendment No.3) Order 2015 No.17 The Tower Hamlets (Loading & Waiting) (No.1)

Order 2012 (Amendment No.3) Order 2015 No.18 The Tower Hamlets (Loading Bays) (No.1) Order 2012 (Amendment No.2) Order 2015 No.19 The Tower Hamlets (D1 Parking Places) (No.1)

Order 2011 (Amendment No.1) Order 2015 No.20 The Tower Hamlets (C1 Parking Places) (No.1) Order 2011 (Amendment No.2) Order 2015 No.21

- NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets on 2nd March 2015 made the above-mentioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.
- The general effect of the Orders would be to in:
 - a) Norway Place -
 - East side, to convert approx. 12m of existing Single Yellow Lines a Goods Vehicle Loading Bay operational Monday - Friday 8:30am - 5.30pm.
 - West side, south of Commercial Road change existing Single Yellow Lines to Double (43m)
 - b) Glasshouse Fields -
 - To change existing Personalised Disabled bays (outside no. 58) to permit Bays.
 - To Change the existing Permit Bay to a general use Disabled bay (3Hours Max Stay)
 - Cavell Street: Convert all existing Single Yellow Lines to
 - Millharbour:
 - To change existing Disabled bays (outside the Council's old offices) to pay & Display Bays.
 - To change existing Pay & Display Bay (opposite No.39) to Shared-use Bay (Cashless)
 - West Tenter Street:
 - Outside no.23, To reduce the existing Resident Bay by one Parking Space and replace with Double Yellow Line due to Garage entrance.
- The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.
- A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the offices of the at the Parking Services Offices, 585-593 Commercial Road, London E10HJ (0207-364 6949), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.
- Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email: Parking.development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 2nd March 2015

JAMIE BLAKE SERVICE HEAD, PUBLIC REALM

Soccer round-up have won the Essex Business Hamlets march on

FC Hamlets POAPC extended their unbeaten run to 37 games - and they did it without kicking a ball.

Shortly before kick-off the club heard that Forest Glade were unable to fulfil their ProKit Essex Olympian Third Division League fixture.

The game was awarded to FC Hamlets, meaning the club has now gone undefeated in all competitive league and cup games since February 2013.

In this time FC Hamlets have played 37 league and cup games Houses Premier League and the London Junior Cup, as well as three other cups within the

This year they have reached the semifinals of the London Junior Cup and are aiming to be the fifth team in the tournament's 120-year history to win it twice in succession.

Meteors through

THE semi-finals of the **Sunday** Inner London Football League Inter League Champions Cup produced two thrilling games.

In the early kick off, FC Bartlett and since February 2013 they lost 1-0 to holders London

Meteors while MK Galacticos beat Gower Allstars 6-3.

In the **Premier Division** Stepney beat Bromley 6-1 and SYA got a first victory of the season with a 4-1 win over Leytonstone.

The **First Division** looks like it will go to the final day after Reachout won 5-2 against Bow and SCTA beat St Katharine's.

Burdett managed to open a six-point gap from bottom place as they beat Weavers 5-1.

The Second Division also looks to be going to the final day as Robin Hood Tigers and Beaumont Youth both won against St Katharine's under-21 and Tower Hamlets B respectively.

Abohani beat defending champions Tower Hamlets 3-1, while SYA Vets and Bromley legends had 1-0 wins over Beaumont and London Tigers respectively.

League Premier Division

Cruel late blow

TOWER Hamlets FC were denied a point against secondplaced Barking at Mayesbrook Park by an injury time winner.

The team equipped themselves well against the title chasers and looked like leaving with a share of the spoils.

But their efforts amounted to nothing after Ben Turner struck In week 7 of the **Veterans** a late goal.

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY



More inside

For a round-up of hockey and football news...

SEE PAGE 31



Three in a row for Martelletti

After completing his hat-trick of Brighton Half-Marathon wins Paul Martelletti tweeted: "Really pleased to take my third consecutive win in 65:48. Always a great event."

SEE PAGE 31



Rep-ten young guns keep up with history

REPTON Boxing Club's young guns are keeping Bethnal Green club. up a long-standing title tradition.

incredible ten titles.

Just two of the club's contin- took the title – with a points win gent lost, while four others – over Farhad Salom (Lansbury). John Hanaran, Jessie Dean Harris, and twins Isaac and Johnny Johnson – got byes into the London finals.

were Henry Turner and Tommy Roberts.

Turner, schools champion Collison (5 Star). and Three Nations champion last season, edged a close decision against Alfie Meagan, himself a title winner.

Roberts, who won the junior less experienced Frankie Arnold (Lion) and it was clearly a onesided clash that ended with the referee stopping the contest $% \left\{ 1,2,...,n\right\}$ in the last round.

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for the national title and hasn't been beaten since he joined the Faisel Khan faced a tough task against Regan Waller (5 Star) in At the North East Divisional the semi-final but won on championships at the Waltham points, then two days later Forest Club they picked up an joined his club-mates at the Waltham Forest venue where he

Roberts is a fancied contender

There were three more winners for the green and gold of Repton starting with a points win by John Lee over Ano Singh The two outstanding boxers (Lion) and followed by another unanimous points success by Leonard Chambers over Raled

> Jamal Khan completed the haul with a split-decision win over Gilsan Nota (Fairbairn House)

The two boxers who missed ABA title last season, faced the out were Jake Henty and Gary



Jesse Dean Harris (back), Jamal Khan and Tommy Roberts

Olivia takes Euro bronze

TEENAGE judo star Olivia switched weight divisions she the European Judo Cup in Zagreb, Croatia.

Olivia, 16, who trains at Tower Hamlets Judo Club, winning her first two matches competed in the cadets category for under-17s and picked up 40 ranking points in an event that attracted 600 was a very close contest which competitors from 26 countries.

Last year Olivia was ranked seventh in Europe and 12th in the world, but because she has minika Kincelova from Slovakia.

Piechota won a bronze at has to build up her ranking status again, in time for the European Championships in July.

> Olivia started strongly, by ippon, but in the semi-final she came up against rising Ukranian star Daria Bilodid. It Olivia lost by a single score.

> But she came back strongly to take the bronze against Do-

Looking for some inspiration

TOWER Hamlets Youth Sports Foundation is aiming to attract inspiring members of the Somali community to lead activities for younger children.

The project is being undertaken with the support of the Youth Sport Trust's 'Connecting Communities' scheme, which is aimed at increasing sports participation in some of the UK's most deprived areas.

The project began in September 2015 and has trained sports leaders in a UKCC level 1 attending, contact tallulah. coaching award.

These leaders are now coaching volleyball to a group of 8- to 11-year-olds and recruiting 11- to 19-year-olds for a second session.

The leaders were selected via the foundation's Stepping Stones scheme, where young people can take their first steps into sport as both participants and leaders.

Thanks to this, the foundation now has more than 30 under-11s taking part in weekly sessions and 12 qualified level one coaches.

If you are interested in staple@thysf.org



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www.hammonds-estates.co.uk



Women of the world unite

Borough celebrates the role of women internationally



On a song at

the Empire
Win tickets to the English
Touring Opera's La Bohème



Over the **Counter?**

Find out what our reviewer thought of Counter Albion

ISSUE 1049 2 - 8 MARCH 2015

WWW.TOWERHAMLETS.GOV.UK



For richer, for poorer Hollywood wedding glamour in the 1930s East End – see page 5



eastendlife ARTS | REVIEWS | EVENTS | TV



LONDON

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OPEN 7 DAY A WEEK EASY PARKING



All singing, all dancing

The Montecristos bring jugglers, magicians and a contortionist to their glam, trash, surf punk 21st century rock 'n' roll show.

SEE GAL PAGE 3

Out & about

Events

History tours

Discover how a Victorian sailors' pub became a music hall, Methodist Mission and survived the Blitz £6. Mon, Mar 2 & 9. 6-7pm. Wilton's Music Hall, Graces Alley, E1.

Drama workshops

Series of five workshops in March with actor and storyteller Rez Kabir as part of Shanghati Literary Society's Combatting Prejudice project.

Lab 4, Idea Store Whitechapel, 321 Whitechapel Road, E1. shanghati@yahoo.co.uk

Exhibitions

Cornelius McCarthy

Retrospective of paintings by the Stepney-born artist to celebrate LGBT history month. McCarthy's landscapes of the post-war East End and portraits of the male explored topics of sexual identity and ideological struggle in Britain. Until May 27.

Tower Hamlets Local History Library, 277 Bancroft Road, E1. www.ideastore.co.uk

Homes of the Homeless: Seeking Shelter in Victorian London

Paintings, photographs and objects tell the story of the places inhabited by poor people in London. With events and talks. £5, £3 concs. Tues, Mar 24- Jul 12. Geffrye Museum, 136 Kingsland Road, E2. 7739 9893

www.geffrye-museum.org.uk

Hidden Identities

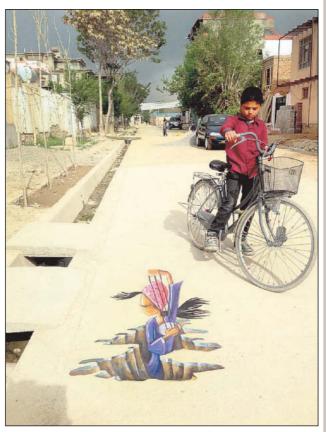
Photographs by Yvonne De Rosa examining the lives of children and families living in adverse conditions in Bosnia and Romania. Until Jun 28. V&A Museum of Childhood, Cambridge Heath Road, E2. 8983 5200

www.vam.ac.uk/moc

Ref

Continuation of artist Luke McCreadie's construction of a post-apocalyptic narrative

History...



NSH Arts Gallery, 439 Mile End Road, is holding an exhibition called Cultural Bonds

using video, installation, print and sculpture. Until Mar 8. Thurs-Sun, 12-6pm, or by appointment. IMT Gallery, Unit 2/210 Cambridge Heath Road, E2. 8980 5475

www.imagemusictext.com

For Richer, For Poorer: **Weddings Unveiled**

Collection telling the story of Britain's Jewish community from the late 19th to mid-20th century. Includes photos taken by Boris Bennett in his East End studio in the 1930s. Until May 31. Open Sun-Thurs, 10am-5pm; Fri, 10am-2pm. Jewish Museum London, Raymond Burton House, 129-131 Albert Street, NW1. www.jewishmuseum.org.uk/ weddings

Kids

Up, Up and Away

A cast of 12 from Rose Bruford College drama school perform live music and sing.

For ages 3-7. Tues-Sat, Mar 10-14. Half Moon Theatre, 43 White Horse Road, E1. 7709 8900 www.halfmoon.org.uk

Music

La Bohème

English Touring Opera's production of Puccini's opera performed in full costume. Fri & Sat, Mar 13 & 14. 7.30pm. ETO also perform The Siege of Calais on Sat, Mar 7 and The Wild Man of the West Indies, Thurs, Mar 12. Both shows at 7.30pm. £10 to £33 (concs available).

Hackney Empire, Mare Street, E8. 8985 2424

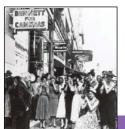
www.hackneyempire.co.uk

Rodeo

Docklands Sinfonia concert with guest cellist Leonard Elsenbroich. The programme includes Prokofiev's Sinfonia Concertante and Copland's

HARLOW

Unit C, St James Centre, ast Road, Harlow CM20 2SX (Behind the Range)



Love and marriage

For Richer, For Poorer: Weddings Unveiled tells the story of British Jews in the 19th and mid-20th centuries. Includes photos taken by Boris Bennett in his East End studio in the 1930s.

SEE GAL PAGE

See it for free Win tickets to English

Touring Opera's perform of La Bohème.

SEE GAL PAGE 6

An image from Going Through

the Change!,

Institute

which is on at

the Bishopsgate

Out & about

from a female point of view

BY KEITH MAHON

EVENTS including exhibitions, history discussions and live performances will run across Tower Hamlets to celebrate Women's History Month throughout March.

Idea Stores will host a series of exhibitions, including a showcase in Canary Wharf by photographer Jenny Matthews examining the effects of war on women around

Idea Store Chrisp Street will facilitate group discussions on the Suffragettes in East London and the female writers and poets of the First World War, every Tuesday in March.

On International Women's Day (March 6), there is an all-female lineup of comic poetry at Rich Mix in Bethnal Green, with monthly host Scottee.

The Backyard Comedy Club, 231 Cambridge Heath Road, will also feature some up-and-coming female comics at its weekend shows



throughout the month. You can watch Going Through the Change!, a film about miners' wives in the 1984/85 strike and hear maker Anne-Marie

Sweeney discussing its creation, this Tuesday, March 3, at 7pm at Bishopsgate Institute.

For art lovers students from the

John Cass School of Art will stage exhibitions challenging the media's portrayal of female beauty, at The visit www.alternativearts.co. Brady Arts Centre and Cass Foyer uk/womens-history-month

Gallery until the end of the month. For a full programme of events,

Four Dance Episode from Rodeo. £15, £12 in adv, £10 concs. Fri, Mar 13. 7.30pm. St Anne's Limehouse, Three Colt Street, E14. www.docklandssinfonia. co.uk

The Montecristos Rock 'n' Roll Circus

The mostly female band

celebrates the release of its debut album with music plus jugglers, magicians and a contortionist. £12.50 in adv, £15 on door. Over-18s only. Thurs, Mar 26. 7.30pm. Wilton's Music Hall, Graces Alley, E1. 7702 2789 www.wiltons.org.uk

Concert

Tower Hamlets Church Choir and Notre Dame Girls Choir perform together to raise money for residential trips to Europe. Adults £5, children 50p. Fri, Mar 27. 6-7.30pm. ELT Baptist Church, Burdett Road, E3. 07469 932306

St John Passion

London Docklands Singers perform Bach's oratorio portraying the final period of the life of Jesus. faz fao concs Sat, Mar 28. 7.30pm. Christ Church, Manchester Road, E14.

http://londondocklandssingers .brownpapertickets.org

Theatre

The Collector

Adapted from John Fowles' novel, this tells the story of an entomologist who develops an obsession with a woman and wants to add her to his 'collection'. Contains adult themes. £12/£10. Tues, Mar 3-Sat, Mar 14. 7.30pm.

The Space, 269 Westferry Road, E14. 7515 7799www.space.org.uk

Antigone

A modern take on Sophocles' Greek play by Roy Williams. £8-£22.50. Until Sat, Mar 14. 8534 0310 www.stratfordeast.com





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E & ROSS

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7.45PM (DOORS 7PM) EAST WINTERGARDEN, 43 BANK STREET, CANARY WHARF

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All in the Mix

Rich Mix is a cultural charity bringing film, visual arts, performing arts and music to east London.

WWW.RICHMIX.ORG.UK



Hey Laura, it's me...

Genesis Cinema, at 93 Mile End Road, E1, will host a live feed of singer-songwriter Laura Mvula performing in Amsterdam on March 5, starting at 7.30pm. Tickets cost £12.50.

WWW.GENESISCINEMA.CO.UK

Get a Life!

Dance

Argentinian tango E14

Class. Sat 1-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14. 7538 3852

Ballroom/Latin American

Fri, 1.45-3.45pm, £5. Free refreshments. No beginners. Kingsley Hall, Powis Road, E3. 8550 1392

Brazilian dance aerobic classes

Weds 9-10am & Thurs, 1-2pm. Free. Alpha Grove Centre, Isle of Dogs, E14 7538 1714

Energize4Girlz

South African gumboot dancing. Every other Saturday from 11am-12:30pm.



St Pauls Shadwell Church, 302 The Highway, E1. energize4girlzdance@ gmail.com

Green Candle Senior Dance Over-60s, no experience is

necessary. Tues, 10.30am-12.30pm, one free taster session. Oxford House, Derbyshire Street, E2. 7739 7722

by dancing until midnight.

religion and contempo- society today and how that rary art is the subject of relationship is expressed through art.

The show was started by a group of Norwegian artists in 2012, and the new exhibition has been expanded to and will be followed by the included collaborators from release of a book edited by the the UK, Palestine and Armenia, curator titled Between Faith increasing the number of religions reflected.

The exhibition will be a productive relationship launched on March 5 between between churches and artists 6pm and 9pm, coupled with a performance piece in the directly adjacent Art Park called Meet Me At Checkpoint This show wishes to explore Eternity.

For dancers of all experience, beginners welcome, followed Prices vary. Free first class for ladies

Every Weds, 7.30-9.30pm. The Urban Bar, 176

Help a child to Read, Grow and Succeed.

Beanstalk is a charity that trains volunteers to help children aged 6-11 become confident and literate.

Volunteers are urgently needed now!

Can you spare a few



To become an Inspiring Reading volunteer you must:



- Be able to spare three hours per week, plus your travel time
- Commit for at least a year
- Have been resident in the UK for at least two years
- Be fluent in English and a competent reader
- Believe in the importance of literacy

Get involved and make a real difference to a child's future.

Beanstalk is committed to safeguarding the welfare of children and young people and requires all staff and volunteers to share this commitment. Successful applicants will be required to obtain a DBS disclosure at the appropriate level.

For more information visit www.beanstalkcharity.org.uk or contact us on 020 7250 8275



RTY PARTY

New card and party

Come in for all occasions, our cards start from 49p

Plus all party needs covered from decorations to planning catering etc

Up and coming -

BOOK WEEK - 5th March

Get your book character costume here

MOTHERS DAY - 15th March

Cards, gifts, balloons available in store now

ST PATRICKS DAY - 17th March

Cards and decorations available in store now

EASTER - 5th April

Cards, bonnets, chicks etc available in store now



5 Vesey Path, Chrisp Street Market, London E14 6BT 020 3632 8264 www.smartypartylondon.co.uk



Glass front in the grass

The Mile End Art Pavilion is a stunning gallery space with a glass frontage, set within Mile End Park and buried in a grass bank. It is the perfect space for exhibitions.

The Jewish East End

By 1900 Jews formed around 95% of the population in the Wentworth Street district of Spitalfields.

SEE BELOW

Get a Life!

Whitechapel Road, E1. 07932 658861

Swing Dance

All ability levels welcome. Every Fri, 7-9pm. £7 per person or £10 for a lead/follow couple. The Hall, St Margaret's House, 21 Old Ford Road, E2. 8980 2092

Zumba classes

Every Tues 11.15am-12.15pm. Healthy living sessions every Fri, 11am-3pm. St Matthias Community Centre, 113 Poplar High St, E14. 7515 8362

Kids

Ballet for children

Every Thurs. Ages 2 fh-3 1/2 years, 2-2.30pm; 4-6 years, 4.45-5.15pm. Alpha Grove Community Centre, Isle of Dogs, E14. nina.monteiro@hotmail.com

Deaf after school club

For ages 5-12. Mon-Fri, 4-6pm. Tower Project, 45-55 White Horse Road, E1. naima@towerproject.org.uk 7790 9085

Kids' Creative Dance Classes

Mini-movers, 2-3yrs; leaps and strides I, 4-5yrs; leaps and strides II, 5-6yrs; dash, 7-11yrs. Sat mornings. £44-49.50 per term or £4.50/£5 per term, plus concessions. Chisenhale Dance Space, 64-84 Chisenhale Road, E3 8981 6617 chisenhaledancespace.co.uk

Pollyanna Training Theatre

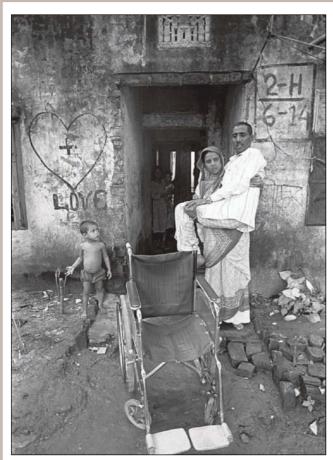
Drama and musical theatre for ages 4-16 in Wapping, E1. 7481 1911

Young & talented?

Performing arts group for 6-to 16-year olds. Sats, 10.30am-1.30pm, term-time. Oxford House, Derbyshire Street, E2. 8556 5348

Parent & child Dance play

Dance and movement, songs and rhymes for parents/carers





Gravity-defying photos at the Rich Mix

DEFYING the Laws of Gravity, an array of subject matters, all of which are part exhibition of photography from the renowned Pathshala media school in Bangladesh, opens at Rich Mix on

SEE PAGE 4

Pathshala is recognised as one of the best places in the world for photographers to learn their craft, and this exhibition will feature seven graduates presenting work across an of the narrative of modern Bangladesh.

Among the highlights are Taslima Akhter's images of struggling garment workers, and Abir Abdullah's examination of veterans of the Bangladesh Liberation War.

The exhibition is free to view and runs until March 28. Rich Mix is at 35 Bethnal Green Road, E1.

and their children aged 1-5 years. Weds, 10.30-11.30am,

term-time only. Cost £2 per child (in adv) or £3.50 drop-in rate, discounts

Derbyshire Street, E2. 7749 1131 info@lodc.org

Trust, Oxford House,

available. Language of Dance

Toyhouse library

Mons, 1.30-3.30pm, Halley Primary School, Halley Street, E14. Tues, 2-3.30pm, Cayley School, Aston Street, E14. Weds,

9.20-10.45am, Harry Roberts Nursery, Harford Street, E1. 1-2pm, TH Opportunity Playgroup, 583 Commercial Road, E1. 9-11am, Old Church Nursery, Walter Terrace, E1. 9-11am, Alice Model Nursery School, 14 Beaumont Grove, E1.

Yoga for pregnancy and mums and babies

Pregnancy class suitable from 14 weeks. Mums and babies classes suitable from six weeks until baby is crawling. 07958 645978 www.clareday-yoga.co.uk

Vegetarian and fish dishes, for just £3. Takeaways available. Tuesdays, 4-8pm. Kingsley Hall Community Centre, Powis Road, E3. 07501 468 193

Birchfield OAPs club

Mon-Fri, 7-9.30pm; Weds. 1-4pm 50 Saltwell Street, E14.

Fern Street Settlement

Fern Street, Ea. 7987 1949

Globe Town bingo club

Pensioners group with bingo and social activities. Thursdays, doors open 12pm. Bingo 2-4pm. Globe Town Community Centre, Bullards Place, E2. 07939 965141

Golden Ladies

Pensioners group for bingo and social. Weds, 2-4pm. Isle of Dogs Bowls Club, Millwall Park, E14. 7987 6824

Little Spitz' under-5s playgroup

Weds, 10am-12pm, 50p. Tours and stories. Spitalfields City Farm, Buxton Street, E1. 7247 8762

Tower Hamlets U3A

Tower Hamlets University of the Third Age offer courses for over-50s to learn tai chi, jazz appreciation, art appreciation, history walking and more. £10 yearly membership. Various days and times. St Margaret's House Settlement, 21 Old Ford Road, E2. 7247 4283



A NEW exhibition showcasing a rich and evocative collection of dresses, photographs, invitations and objects tells the story of Britain's Jewish community from the late 19th to the mid-20th century. Highlights include photographs taken by Boris Bennett, the most sought-after wedding photographer of his day. His East End studio captured the Hollywood glamour that 1930s Jewish couples wanted to reflect. Crowds would gather outside his studio every Sunday and Boris would photograph an average of 30 couples in a day. The exhibition runs until May 31. Open Sun-Thurs, 10am-5pm; Fri, 10am-2pm. Jewish Museum London, Raymond Burton House, 129-131 Albert Street, NW1. www.jewishmuseum.org.uk/weddings



Showtime

To get your hands on tickets to La Bohème, call 8985 2424 or visit...

WWW.HACKNEYEMPIRE.CO.UK

You've got to be in it to win it...

To enter the competition below, send your name, address and phone number on a postcard, with the right answer, to La Bohème, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar E14 2BG by March 9.

Reader offers

Win La Bohème tickets

A NEW season of Italian **opera is coming to east** first performed in 1833, but then **London, as English Touring** Opera (ETO) performs at the Hackney Empire.

Puccini's masterpiece La modern era. Bohème is joined by two rare Donizetti titles The Wild Man all'isola di San Domingo) and West Indies, where he loses his The Siege of Calais (L'assedio senses and his mind. di Calais).

All three are sung in full costume, in Italian with English the story of the citizens of Calais subtitles, accompanied by ETO's chorus and 25-piece orchestra.

This is the first spring tour since the company won the one of opera's most moving 2014 Olivier Award for out- ensembles – the O sacra polve, standing achievement in opera. o suol natio (O Sacred Earth).

The Wild Man of the West

READER OFFER Indies is on Thursday, March 12, all time, La Bohème is perat 7.30pm.

> vanished until the late 20th century. The opera has never been staged in London in the

unfaithful, Cardenio flees for the

The Siege of Calais is on Saturday, March 7, at 7.30pm. It tells who offer up their lives to save their city from the English army.

Their sacrifice culminates in

One of the greatest operas of

formed on Friday, March 13 & answer to the question below to It was hugely successful when Saturday, March 14, at 7.30pm.

> A story of young love, it starts on a snowy Christmas Eve in a Parisian garret.

Lovers Mimi and Rodolfo draw close, but poverty and ill-After his wife Eleonora is health force them apart.

James Conway, general direcof the West Indies (Il furioso island of San Domingo in the tor of ETO, said: "This spring's productions are all Italian romances, all sung in that beautiful language – even though not one is actually set in Italy.

> "All three have music of great power, drawing out the very best of that remarkable thing, the human voice"

East End Life and ETO have two pairs of tickets to give away – one pair for each performance of La Bohème.

To enter the draw, send your eastendlife.news@towerham lets.gov.uk, putting 'La Bohème' in the subject line.

Alternatively send your entry on a postcard to Opera Competition, East End Life, the Town Hall, Mulberry Place, 5 Clove Crescent, London E14 2BG.

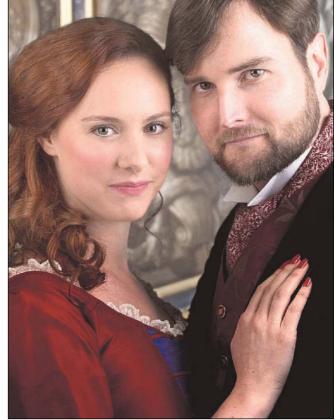
Entries must arrive by arrive by 5pm on March 9 and must include your full name, address and phone number. One entry per household. Other competition rules apply.

Q. In which language will the operas be performed?

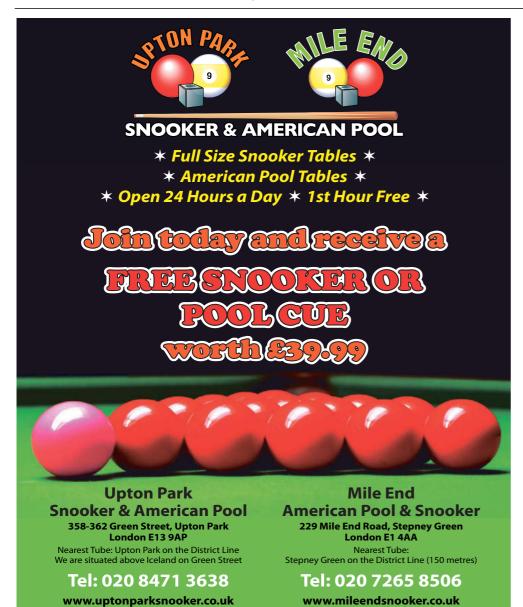
The Hackney Empire is in Mare Street, Hackney, E8.

For tickets or further information, call 8985 2424 or visit www.hackneyempire.co.uk

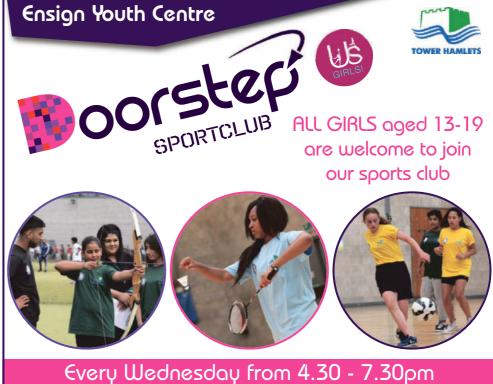
Girls Doorstep Sports Hub at



Sky Ingram and Nicholas Lester star in La Bohème



TO OBTAIN THIS OFFER, A FULL TWO YEARS' MEMBERSHIP OF EITHER CLUB MUST BE TAKEN OUT. FULL TERMS AND CONDITIONS WILL APPLY. OFFER FOR A LIMITED PERIOD ONLY



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- Football
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A chance for you to just be yourself!

Find us at Ensign Youth Club, Wellclose Square, London E1 8HY. A minibus can drop you close to your home after the session.

For more information call Lisa Bojang on 07957 441937 or Zainab Abdullah/Joutara Bibi on 020 7702 3340



Healthy way to prevent cancer

World Cancer Research Fund is dedicated to the prevention of cancer through the promotion of healthy diet and nutrition, physical activity and weight management.

Yummy scrummy

Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

CALL OUR ADS TEAM ON 7364 4940

Eating out, eating in

Counter culture that's a by-word for quality

BY AVARICIOUS ARCHIE

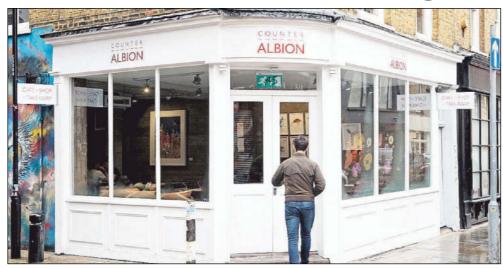
ON a dreary February Friday, I found myself in the vicinity of 'Hipster Central', aka Redchurch Street in Shoreditch.

I came across Counter Albion but, to be honest, I wasn't expecting much. Walking in the door, I was prepared to be under-whelmed by yet another place that's 'too cool for school', where the food is secondary to the 'experience'.

I took a moment to steel myself and get acquainted to the ebb and flow of the place, in doing so discovering that there were no food menus on the table. The set up is more café than restaurant and the 'counter' part of the name is basically a description of the type of service available.

The staff were very helpful and steered me around the from the salad section. menu which, put simply, was a series of main courses to which you could add a small salad or with bread and a number of spreads.

2 - 8 MARCH 2015



Quality cooking and produce at Counter Albion

I fancied something hearty and filling to counteract the overcast weather outside so chose the braised venison shoulder with cabbage and prunes – right up my boulevard. This I supplemented with a side salad that included everything

The venison had a deep rich flavour and was excellently braised to almost melt-in-youra large salad, all of which came mouth tenderness. The sauce was to die for. I could drink that a pot of Gunpowder Supreme

whenever I feel down.

The salads were of high standard and made with good quality produce. Not all were suitable for vegetarians but a large plateful would make for a hearty Reeves – the Vic Reeves? I'm not lunch. Among those I tried were sure and didn't ask. smoked mackerel, cucumber, winter leaves and pomelo and Kent pink fir potato, smoked gammon, preserved lemon, baby gem and herbs.

This was washed down with by the mug-full as a cure-all tea, which was better than Street, E2. Tel: 3370 7761.

passable. The wine and drinks list was substantially longer than the food menu.

On the walls was an exhibition of woodland birds by Vic

This all came in at just over £14 which, while more than I would pay for an everyday lunch, didn't leave me feeling short-changed due to the quality of cooking and produce. Counter Albion, 45 Redchurch

Treat 'em lean, keep 'em keen

THIS light and healthy dish is the perfect meal for a weekday night.

The interesting flavours are all whipped up in a matter of minutes, so you won't have to wait long for this zingy treat.

The lean turkey with fresh flakes to the sauce.

vegetables can also have extra heat if you want to add some chilli. Contains 2.5 of your 5 A

Instead of turkey, try chicken, prawns or tofu in this recipe. For extra spice, add a pinch of chilli

Turkey stir-fry with broccoli and pak choi - serves 2

Ingredients

- 1 tbsp hoisin sauce
- 1 tbsp reduced-salt tomato 120g mushrooms, sliced ketchup
- 1 tbsp rice wine vinegar
- 1-2 garlic cloves, crushed 2cm root ginger, peeled and
- 1 tbsp vegetable oil 160g diced turkey breast

160g broccoli, cut into small

- 100g pak choi, leaves separated and cut into quarters, length-
- 300g packet fresh or quick-cook wheat noodles
- 1 spring onion, trimmed and finely sliced (for garnish)

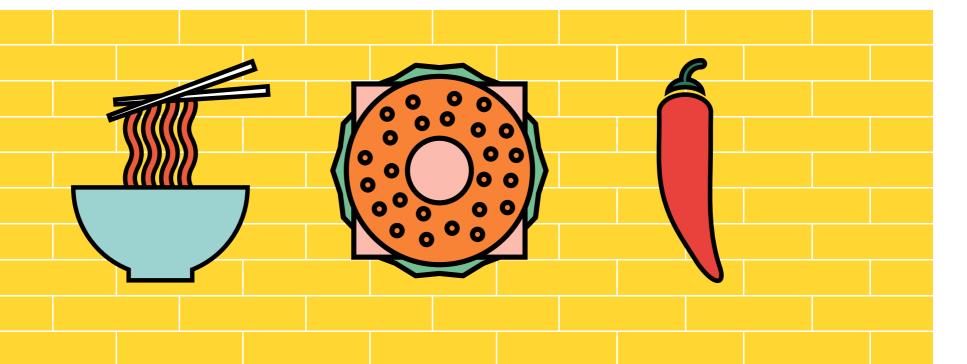
Method

grated

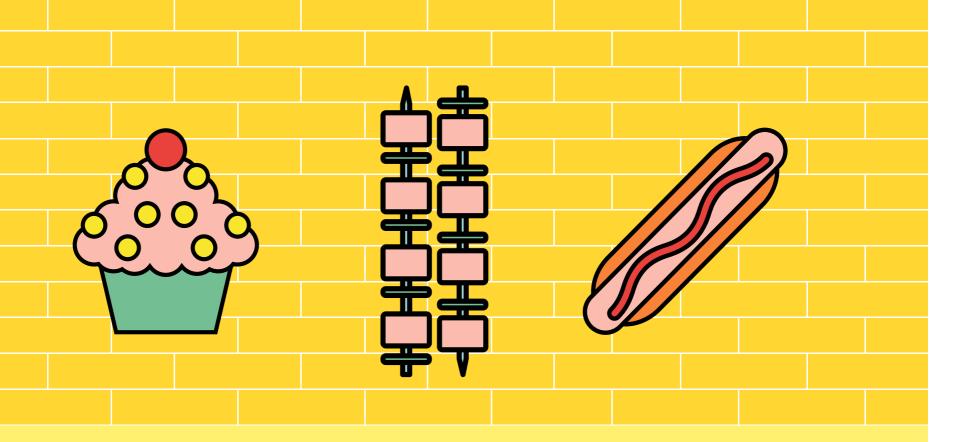
- 1. Make the sauce by combining the hoisin sauce, ketchup, vinegar, garlic and ginger in a small bowl. Set aside for later use.
- 2. Warm the oil in a wok or large frying pan over a high heat. Add the turkey and stir fry until browned on all sides.
- 3. Then add the broccoli and mushrooms and stir for tional) on top.
- 2 minutes. Add the pak choi and noodles, and stir for a further 1 minute
- 4. Pour the sauce into the pan, $mix\,thoroughly, coating\,all\,the$ ingredients. Reduce the heat and simmer for 3-4 minutes until piping hot and the turkey is cooked through.
- 5. Scatter the spring onion (op-







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MAYOR OF TOWER HAMLETS